

Local Scene
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Police log
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THE NEWS-LEDGER

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43rd Year ◆ No. 50 **Serving the West Sacramento Region Since 1964** **Wednesday, July 25, 2007**

WUSD asks for vote on new, $59 million school bond

By Steve Marschke
News-Ledger Editor

West Sacramento's school board members met in a short-notice meeting on Friday to vote on a resolution asking Yolo County to put a school bond on the November ballot. Schools Superintendent Steve Lawrence said the quick meeting was needed after a miscommunication with county officials about the deadline for Washington



WUSD Superintendent Steve Lawrence

Unified School District to make that request of Yolo.

Lawrence proposed a $59 million general obligation bond that "would allow us to build the grade K-8 facilities on current (elementary school) properties. . . as well as infuse a serious amount of money into the schools in the north area."

Besides helping to pay for the plan to turn some kindergarten-through-sixth grade schools into kindergarten-through-eighth campuses, the bond will also help pay for finishing the new high school.

West Sacramento residents will have a chance to vote on the proposal on the November 6 ballot.

Residents Dani Langford, Mary Lasell and Marna Miller spoke out against the bond.

"You didn't do what you said you were going to do (with the last school bond)," said Miller. "The (new) Southport school has a climbing wall, and the central schools still have rusted-out things and two-by-fours holding up walls."

Board member Dave Westin was absent. But the remaining four members (Barry Kalar, Mary Leland, Matt Stegman and Sandra Vargas) voted for the measure.

"This is about academic success for all kids in West Sacramento, in the north and in the south," said Leland. "I believe all my colleagues are committed to equity."

"I do hope we have enough support for this bond because our kids deserve it," added Vargas.

Low-tech solutions

■ West Sacramento church members bring 'appropriate technology' to Rwandans recovering from a genocide and struggling with basic needs

By Steve Marschke
News-Ledger Editor

Members of a West Sacramento church are back from a 12-day trip to Africa. The five from Westside Covenant Church helped spread some technologies designed to help Rwandans solve some basic everyday challenges.

"We went at the end of June and were gone 12 days," reports Anne Peterson. "One of our members and his wife (Scott and Mary Wagner) had gone to Rwanda a few years ago to visit. Scott has gone back several times, and he's over there now helping with the coffee-growing cooperative and helping them rebuild their economy."

In 1994, Rwanda was victimized by an internal war and genocide that cost over 800,000 people their lives, she explained.

"In fact, just before we got there, one of the people convicted in the killings told where another gravesite was, and they discovered 300 more bodies," said Peterson.

Wagner has been active in helping Rwandan coffee farmers make more money from their crop. He has promoted new washing stations close to the places that coffee is farmed.

"We went to a coffee-washing station Scott helped build," said Peterson. "That really helps increase the value of the coffee. They can separate the coffee 'cherry' from the coffee bean quickly now. You need to separate them less than six hours after harvest, optimally, or it starts to have a negative effect on the coffee. It starts to ferment. Having washing stations near the farmer helps. They bring the coffee by bike up to 20 kilometers, and the riders do that round trip up to four times a day."

Joining the Wagners were Peterson and college students Shannon Holme, Tara Shuster and Katie Koell. The students, like the Wagners, are West Sacramento residents. The group tried to tackle a couple of other problems in Rwanda, enlisting the support of local officials to try to keep the ball rolling after they left.

One of those technologies was the "WAPI," or Water Pasteurization Indicator. Safe water is tough to come by for rural Rwandans. By heating it, though, they can kill germs. The WAPI floats in a pot of water like a floating thermometer as it is cooked.

"WAPIs have a special kind of wax inside a polycarbonate tube, and it melts at the same temperature at which the water is pasteurized," explained Peterson. "When the wax melts and becomes clear, it's safe to drink the water."



Above: Volunteer KATIE KOELL explains a solar cooker to the director of prisons and the mayor in Nyanza province, Rwanda

'...you can also use soot or paint to darken a pot. It gets to over 250 degrees – you can boil water with it.'

The WAPIs are reusable.

"We took over 100," Peterson said. "Our college group made them. We gave most of them to a health center in Nyanza (province)."

Another problem faced by Rwandans is cooking.

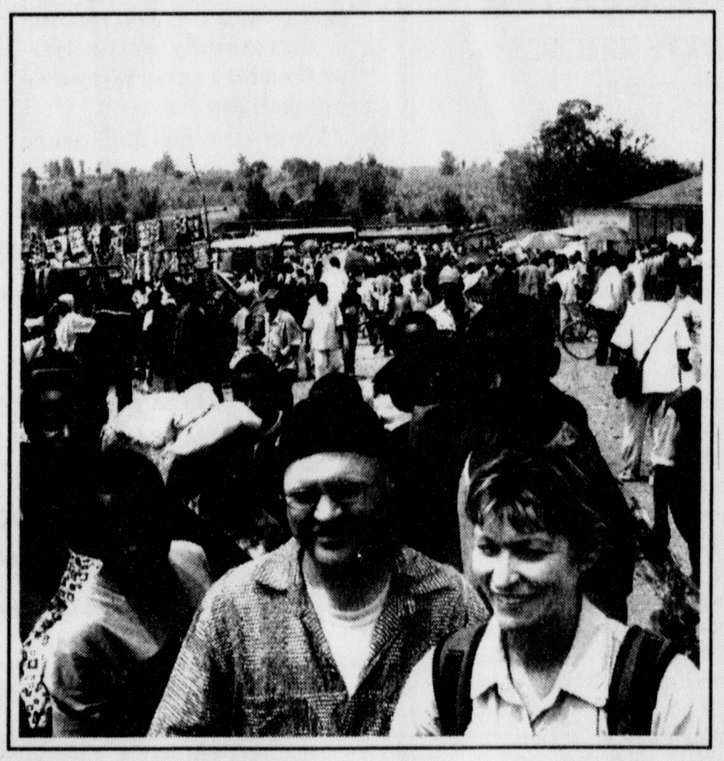
"90 percent of the people cook with wood," said Peterson. "The whole country is under a haze of smoke. I visited a school where every day the child has to bring their own drinking water and a piece of wood to cook lunch. You always see people carrying wood. They have a deforestation problem."

The Westside group brought along an alternative way of cooking, using a resource more plentiful in that part of Africa.

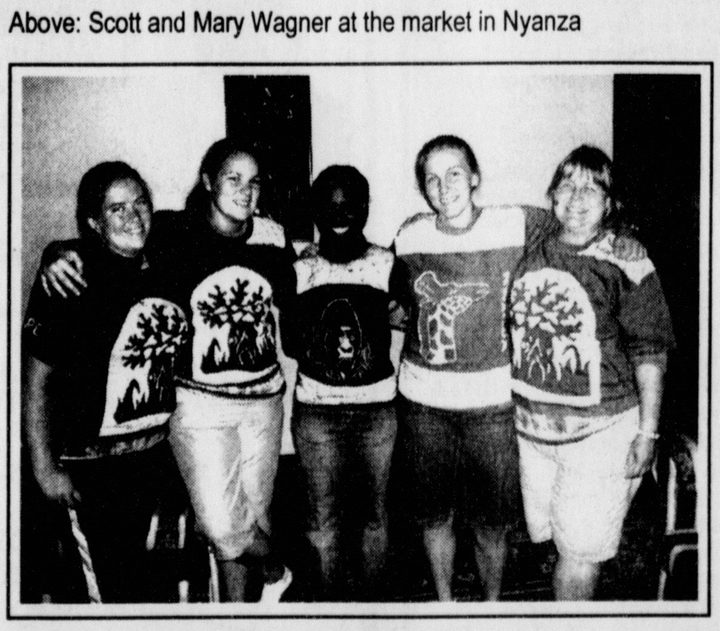
"We brought reflective solar cookers," Peterson said. "They fold down to about the size of a notebook. It's just foil and cardboard, pretty much. It reflects sunlight onto a dark pot. They already have some dark pots, and you can also use soot or paint to darken a pot. It gets to over 250 degrees – you can boil water with it."

Near the equator and 6,000 feet above sea level, this section of Rwanda has plenty of sunlight.

"We took one cooker and supplies to make about 100 more. We trained one college student in Butare – he's doing a presentation for the local university and is going to start a small business making and selling solar cookers. All you need is foil, cardboard and glue, which they can get."



Above: Scott and Mary Wagner at the market in Nyanza



Above, left to right: Shannon Holme, Tara Shuster, 'Gloria', Katie and Anne Peterson. Gloria, a Rwandan, is staring a batik shirt business, and the Westside volunteers introduced her to a Texas A&M University student who may be able to help her start the business.

-- *Courtesy photos*

By spreading these low-tech solutions, Peterson hopes the Wagners and their team have helped plant a seed that leads to better life in Nyanza province.

Local puzzle



A poor man's Stonehenge?

At least one resident last week puzzled over the meaning of this: in a half-dozen places around West Sacramento's "Washington" neighborhood, a cryptic pattern had emerged. Someone had cleared a small space, spread it with gravel, and added a domed rock and a pair of mounting brackets.

Why?

The News-Ledger asked the city planning department, which suggested talking to the development company LJ Urban.

Jason Presley, a principal at the company, said what's brewing at the sites is something "we hope will captivate people."

"We had empty space, and we might as well put it to work," explained Presley. "Each rock will be made into a bench. We're putting a sign that says 'sit here' right behind the rock. There will be another sign facing the street that says 'dream big': there will be some kind of inspirational message on each sign designed to encourage people to think big. Something having to do with the way cities are built, some inspirational message perhaps asking you what your dreams were when you were a kid."

Presley said he hopes community members will get some excitement about their

Please see ROCKS, page 3

Correction

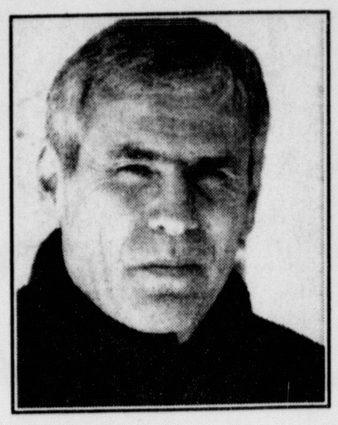
In reporting the election results last week regarding a new West Sacramento flood assessment district, the News-Ledger erroneously reported the amount of money the district is meant to raise.

The flood control agency hopes the new parcel assessment will raise about $42 million for levee upgrades. A comparable amount is expected from a new fee on development.

The money is hoped to form the "local share" of an expected $400-million price tag for levee work. The region will seek help from the state and federal governments to cover the rest of the cost.

Movies aren't as much fun as they used to be

My Back Pages



By Daryl Fisher

A couple of Saturday's ago my wife and daughter somehow talked me into joining them at the Tower Theater in Sacramento to watch one of those "art films" that are always playing there. I have already forgotten the name of the movie, but it was French -- with subtitles -- and it was about the life and times of Edith Piaf, the famous French singer who died from cancer at the age of 47 after becoming universally regarded as France's greatest popular singer. Audiences apparently marveled at the force of her vocals, and fell in love with the emotional, even melodramatic way she sang. Anyway, it turned out to be a very well-acted movie, full of interesting history and great music, and I highly recommend it to anyone who doesn't mind a few hours of reading subtitles.

Whenever I go to Tower Theater, I am always reminded of the other wonderful downtown Sacramento movie houses of my youth -- the Crest, the Fox, and the Alhambra -- all now gone except the Crest. And while waiting for the movie about Edith Piaf to start, I let my thoughts wander all the way back to the very first time I took a girl to an indoor movie.

It was a Jerry Lewis movie, about a goofy hotel bell boy, and I vividly recall that it took me most of a month to work up the courage to ask a girl I'll call Molly to go with me. Actually, in a superhuman effort to totally insulate myself from any hint of rejection, I asked a friend of mine to ask a friend of his who knew Molly to ask her for me. After a day or two of slyly passing secret notes back and forth (one of which I tried to chew up and swallow when Mr. Lloyd, my eighth grade teacher, strolled suspiciously up to my desk), Molly's best friend finally tapped me on the shoulder, giggled, and assured me it was a done deal.

The next Sunday afternoon, with my nerve-racked body reeking of my dad's Old Spice cologne and my hair plastered down with a double-dose of Brylcream, my mom (who had insisted on taking us and picking us up) and I pulled up in front of Molly's house. After I had assured her father, the Arnold Schwarzenegger of his day, that I would have his only daughter safely back in less than three hours, we silently climbed into the backseat of my dad's station wagon and spent the next fifteen minutes clinging to our respective doors and listening to my poor mother try to make small talk.

Once inside the beautiful old Fox Theater, however, things definitely started to pick up. "Where would you like to sit?" I finally managed to blurt out.

"In the back is okay I guess," she answered with a surprisingly friendly smile.

"Really?" I said, sure that her words were actually some kind of secret signal that all girls used when they wanted to do more than just sit around for two hours and watch Jerry Lewis make a fool of himself.

With the movie about half over, I sucked up all the courage I could muster and decided it was time to make my move, which consisted of faking a yawn, stretching both of my arms high over my head, and then dropping one of them down (with a loud thud) on the back of Molly's seat. Then, with stealth-like cunning, I very carefully inched my hand to within what couldn't have been more than a fingernail of her shoulder. But that is where my nerve totally deserted me, and no matter how much I double-dared myself to go ahead and actually make physical contact with Molly, I just couldn't bring myself to do it. So, there I sat, for what seemed like forever, with my arm uncomfortably draped over the back of Molly's hard seat, too afraid to lay it on her soft shoulder, and not yet knowledgeable of a decent 'return move' which could have extricated me from the whole miserable situation.

Molly, being the sweet young thing she was, finally took pity on me, reached back, gently grabbed my hand, and pulled it down on her shoulder. Just when I was about to jump for joy, it dawned on me that my arm -- all the way up to just above what I am sure was the sweatiest armpit in the theater -- had fallen fast asleep. I desperately tried to move it a little on my own, but it was completely dead to the world. Then the most incredibly painful case of pins and needles ever known to man started. It began in my fingertips and very, very slowly -- torturously actually -- worked its way up to my aching shoulder.

"What's the matter?" asked Molly as I bit down hard on my lip and squirmed around in my seat.

"Oh, nothing," I assured her, my face full of agony.

Mistakenly thinking that I wasn't really enjoying our newfound intimacy, she yanked my throbbing arm off her shoulder and unceremoniously returned it to my lap, abruptly bringing to an end any hope I had of attempting my next move, which I had been more or less daydreaming about since the very first day of the onset of puberty.

"The movie is starting, Dad," suddenly said my daughter, noticing that my mind was a million miles (and about 45 years) away. "What are you thinking about?"

"Oh," I said, "just about how much the French love Jerry Lewis."

'ACROSS THE BRIDGE':

Events around the region

Carrie Underwood concert

Former American Idol winner Carrie Underwood will play her only California concert this year at the Dixon Fairgrounds on July 28th beginning at 8 p.m. Tickets begin at $39 and are available at all TicketMaster outlets. For more information call 916-649-TIXS.

Glass, pottery, china show

The Sacramento International Depression Glass Club will present their 71st semi-annual show on August 4-5 from 10 a.m. to 5 p.m. at the Scottish Rite Temple, 6151 H Street in Sacramento. Vintage glass, china and pottery will be on display and on sale. Admission is $5. Free parking.

Cactus show

The Northern California Cactus & Succulent Association will hold their annual show and sale on July 28-29 from 9 a.m. to 5 p.m. at the San Francisco Fair Building, 9th Avenue at Lincoln Way in Golden Gate Park in San Francisco. The show and sale will feature hundreds of rare, exquisite cacti and succulents on display and thousands of plants for sale from vendors as far away as Arizona. Admission and seminars are free.

Music at the Sacramento Zoo

On every Tuesday in July, from 6-8 p.m., there will be "Music in the Zoo." Bring a blanket and enjoy some terrific concerts, including Big Band swing music, contemporary bluegrass, and a Disney Mania Concert for Conservation.

The Sacramento Zoo is located near the corner of Land Park Drive and Sutterville Road in William Land Park in Sacramento. For more information call 808-5888 or visit the zoo's website at www.saczoo.com.

Old City Cemetery roses

The Sacramento Historic City Cemetery will hold "Deadheading at Dusk" on August 13th from 6:30 to 8:30 p.m. The event will tidy up spent flowers and offer instructions on how to do it. Light refreshments will also be served.

Visitors may park across the street from the 10th Street Gate. The Old City Cemetery is located at Broadway and 10th Street in Sacramento. For more information, call 448-0811.

Down syndrome information

The Down Syndrome Information Alliance Education Series features programs on the first Tuesday of each month with the hope of improving the knowledge of individuals and families affected by Down syndrome. Experts in education, advocacy, health care, etc., make presentations and a free light dinner and childcare is provided. The Down Syndrome Information Alliance meets at the Sutter Cancer Center, 2800 L Street in Sacramento. For more information, call 658-1686 or visit www.downsyndromeinfo.org.

Alzheimer's society meets

The Alzheimer's Aid Society of Northern California Support Group for the Memory Impaired will meet the 2nd and 4th Wednesday in July at 10:30 a.m. at the Alzheimer's Aid Society Office, 2641 Cottage Way, Suite #4 in Sacramento. For more information on other related groups and meetings, call 448-7001.

Widowed persons meet

The Widowed Persons Association of California encourages widowed men and women to come to Sunday Support get-togethers each Sunday from 3-5 p.m. at the Widowed Persons Association office, located at 2628 El Camino Avenue, Suite D-18.

Call 972-9722.

New at the library –

By Elise McCallan
Arthur F. Turner Branch Library
1212 Merkley Ave.
West Sacramento

The Arthur F. Turner Branch Library has received the following new books:

"Traditional British Cooking: The Best of British Cooking: A Definitive Collection" edited by Hilaire Walden.

"The Great and Only Oscar Micheaux: The Life of America's First Black Filmmaker" by Patrick McGilligan.

"A Russian Diary: a Journalist's Final Account of Life, Corruption, and Death in Putin's Russia" by Anna Politkovskaya.

"Iggy Pop: Open Up and Bleed" by Paul Trynka.

"The Smart Approach to Small Space Living: Decorate in a Big Way" by Susan Boyle Hillstrom.

Call 375-6465 for information and library hours.

Obituaries

David William Rodgers

David Rodgers was born on April 9, 1972 in Sacramento, CA and passed away on July 14, 2007 in West Sacramento, CA. He was the loving son of William Rodgers; the adored father of Jasmine Rodgers; the former husband of Grace Cota; the special brother of Marci Rodgers-Sprouse and husband Michael; and the cherished nephew of Jackie Gilmete and Johnny and Esther Lopes. He is also survived by numerous cousins, family, and friends. He was preceded in death by his beloved mother, Carolina Rodgers.

David was a 1990 graduate of River City High School in West Sacramento. He served in the U.S. Navy from 1990 to 1992. He will be sadly missed by all those who knew and loved him.

A rosary was held on July 20, 2007 in River Cities Funeral Chapel in West Sacramento. A Mass of Christian Burial was held on July 21, 2007 at Our Lady of Grace Catholic Church in West Sacramento. Burial was at St. Mary's Cemetery in Sacramento. In lieu of flowers, memorial donations may be made to Jasmine Rodgers. For more information please contact Grace at 916-201-3687.

Joe Landress

Joe Landress passed away at the age of 64 on July 21, 2007 in Sacramento. He was the beloved brother of Mary Lou Robles and was preceded in death by his father, Joseph Landress, and his mother, Ruby Saltz.

Joe was a native of Brawley, California and a 46-year resident of West Sacramento. He was retired from Sacramento Fire Department Administration.

Visitation will be on July 26, 2007 from 3-8 p.m. at the River Cities Funeral Chapel in West Sacramento. Funeral services will be held at 11 a.m. on July 27, 2007 at the funeral home. Interment will be at East Lawn Cemetery in Sacramento. Donations can be made to your favorite charity.

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Daryl Fisher, Features Editor
Richard Novoa, Sports Correspondent
Barry Blacklaw, Photographer
Daryl Fisher, Advertising Director

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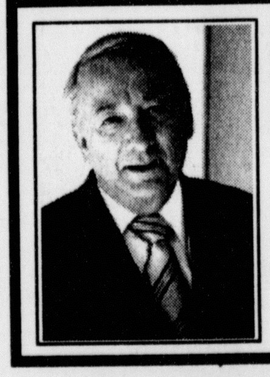
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News submissions: The *News-Ledger* welcomes information on local news and events. Please submit written news items to the below address by mail or in person, or through the office mail slot. News deadline is Friday before publication. Please include your name for attribution and your phone number in case we have any questions.
Opinion submissions: Letters to the Editor on topics of local interest are welcome. They must be signed, original, and must include the author's telephone number and address for verification. Letters should be brief and may be edited for length or objectionable or libelous content. Deadline is Friday before publication, and letters may be mailed or dropped off at the *News-Ledger* office.
Advertising: The deadline for classified advertisements is Monday at 5 p.m., and ads should be prepaid. An ad of up to 25 words costs $3.50, plus 10 cents for each additional word, per publication. Please mail ad and payment to the address below, or drop it off in the *News-Ledger* office or through the office mail slot.

Deadline for all other advertising is 5 p.m. on Friday. Please call 371-8030 for information on display advertising and advertising inserts.

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Cookies for the troops

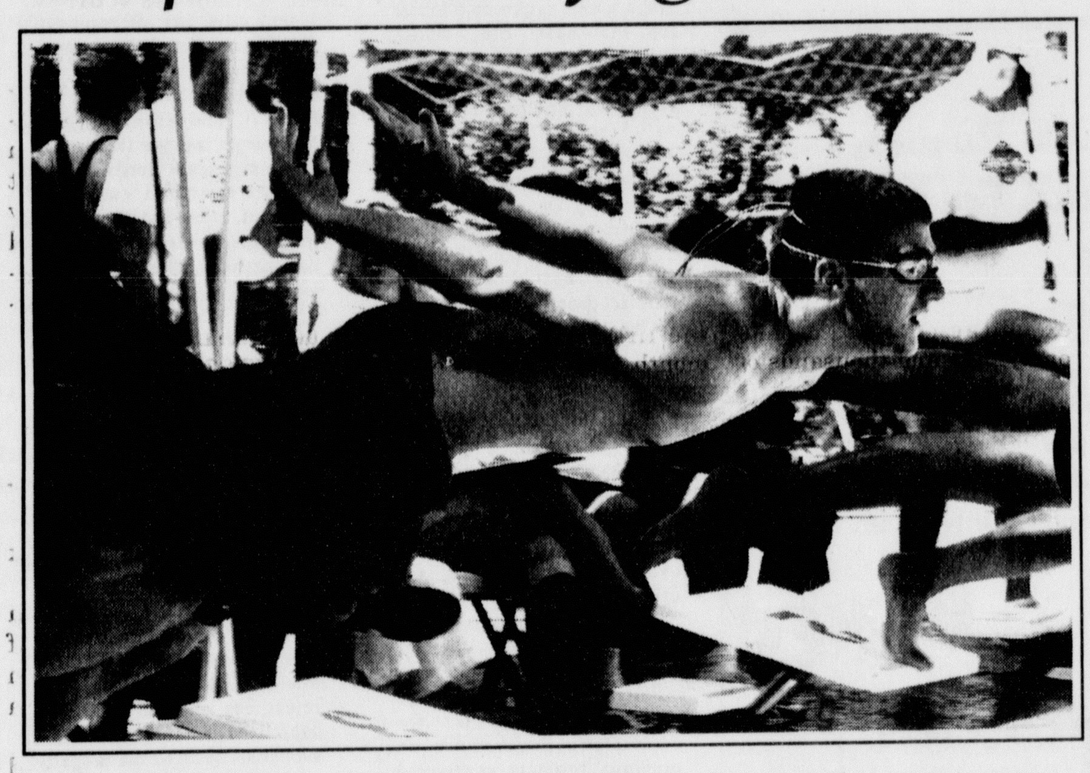


West Sacramento 'Brownies' presented 120 packages of Girl Scout cookies and handmade picture frames to the U.S. Army this month, for distribution to children in families of soldiers who have been deployed. The gesture, from Brownie Girl Scout Troop 2005, was meant "to show the famillies they are remembered and supported," said Lori Custodio, a Brownie troop spokesperson. The packages went to the army's Family Readiness Division, represented by Tina Le Clerc, Sgt. Greg Le Clerc and Sgt. Howard Lampson of the 9th Battalion. The division is comprised of troops' families and serves to help families when loved ones are called to duty.

Adults Tammy Backus, Marie Stommel and Valerie Mortz led the Brownie troop of first-through-third grade girls.

Courtesy of Lori Custodio, Brownie Girl Scout Troop 2005

Dolphin takes flight



Wesley Paige leaps into action to start the boys age 15-18 individual medley relay

The West Sacramento Dolphins earned a team victory over the Rio Vista Sharks last weekend. The Dolphins are now getting ready for the Northern California Swim League's Motherlode Conference Championships this weekend in Woodland.

ROCKS, from front page

neighborhood, just like the development company is excited about bringing "creativity into that community to bring new life."

The company has plans for seven such monuments – six around its local "urban infill" projects within West Sacramento city limits. The first monument to be completed will probably be near 5th and B streets, said Presley. Others will follow at 4th and E, on the 300-blocks of E, F and G streets, and near 4th and F.

Plans for the developments are varied, but include urban housing and commercial space.

"Each message will be individual," said Presley. "But they're all along the same lines as 'dream big.'"

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Contact: Pastor Marcus Callahan 916-879-0001

8.31.07

Sports QUIZ

by Chris Richcreek

1. Who was the last rookie to lead the majors in ERA for a season?
2. When was the last time the Philadelphia Phillies made the playoffs?
3. Name the two running backs who were selected in the 1996 NFL Draft before Ohio State Heisman Trophy winner Eddie George, who was chosen 14th overall by Houston.
4. Name the four NCAA men's Division I basketball schools that Lon Kruger has taken to the NCAA Tournament.
5. What is the New Jersey Devils' team record for most victories in a season?
6. Northwestern recently became the second team in NCAA Division I women's lacrosse history to win three consecutive national championships. Which school was the first?
7. Name the jockey who rode Seattle Slew to the Triple Crown in 1977.

Answers, page four

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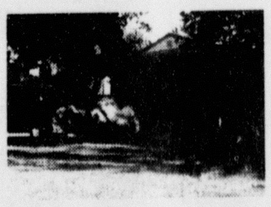
(916) 979-SAFE (800) SEE-SAFE www.safecu.org

1 APR accurate as of 7/23/07. Rates, terms, and conditions subject to change.
2 No purchase necessary to win. Must be at least 18 to enter. To enter and obtain official rules, visit any SAFE branch. All entries must be received by October 8, 2007 at 6:00 p.m.
3 Interest begins accruing upon loan disbursal. Some restrictions apply.

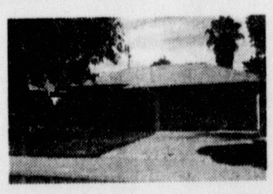
Featured Listings:



2531 Roaring Creek Street
$479,000
Wonderful, spacious '05 home w/4bed, loft, 3baths. Lots of extras, awesome island kitchen and master suite, backs to levee road and Sac River with no rear neighbors!
Jina & Perry Palamidessi
916-425-1270



505 Laurel Lane
$220,000
Attn. Deal Seekers! 3bd/1ba, 1675 sq ft.-slight fixer. Hurry, all offers considered 7/31/07. Open for viewing Sat 7/21, Sun 7/29, & Mon 7/30.
Peggy Bell & Victoria Millan
916-203-3345 & 916-955-4044



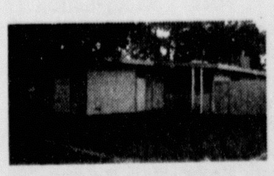
7221 20th Ave, Sacramento
$239,000
3 bedroom charmer features central H & A, dual pane thru-out, large yard w/built in pool & spa. A must see– Call today– Own tomorrow.
Jeff Novelli
916-376-8010



3492 Squaw Road
$428,800
Live at desirable Bridgeway Lakes! This beauty is in perfect condition! Spacious 3bd/2ba w/upstairs loft. Loft is ideal as a game room or office. Gourmet kitchen w/maple cab, tiled kitchen counter, walk-in pantry, & lg master suite. Conveniently located close to shops, schools, and major freeways
Victoria Millan
916-955-4044



3278 Southerland Road
$414,500
Stunning home only one year new w/over 60K in upgrades! Open floor plan perfect for entertaining w/beautiful wood laminate flooring, maple cabinets, granite counters, stainless appliances, fireplace, central vac, alarm, awesome master, and much more! Executive style living in low maintenance "cluster" concept.
Jina & Perry Palamidessi
916-425-1270



1210 Burrows Street
$264,000
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Junior Olympians



ABOVE: Junior Olympic Skills athletes warm up while a crew from CW 31's 'Good Morning, Sacramento - Weekend Edition -- prepares to go on the air

West Sacramento's Bryte Park was the site of the 2007 Jr. Olympic Skill regional competition on July 7. Athletes from Amador County, Rocklin, Fairfield and West Sacramento were among those competing for the gold. The event, hosted by the city's parks department, featured 'rapid rally' tennis, basketball, track and field, and soccer. Gold medal winners had their results compared to other regional championships and attempted to qualify for an all-expense-paid trip to Colorado Springs for national finals.

West Sacramento held six local competitions for boys and girls age 8-13 before the regionals. For more information on next year's program, call 617-4620 or visit www.cityofwestsacramento.org.

Courtesy of Andre Pichly, City of West Sacramento Parks and Recreation Department

Christopher C. Bradford
Investment Representative
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Notice to Proceed.

Obtaining Contract Documents: Plans and specifications may be examined at the office of the Director of Community Development, 1110 West Capitol Avenue, 2nd floor, West Sacramento, California 95691. A copy of bid documents may be obtained at the office upon request and payment of **$25.00** or may be mailed upon request and payment of **$35.00**. The amount of the payment is non-refundable. Project specifications may be purchased separate from the plans for a cost of **$10.00** over the counter or $15.00 by mail.

Bid Guarantee:
Each proposal must be accompanied by cash, a cashier's check, certified check or bid bond, executed on the prescribed form, in an amount not less than ten (10) percent of the total bid price payable to the City of West Sacramento. The Proposal Guarantee must be enclosed in the same envelope with the Bid. A Bidder's Bond will be accepted only if it is made out on either the Bidder's Bond form enclosed in these documents or on a form which conforms to it.
The Attorney-in-Fact (resident agent) who executes the Bidder's Bond on behalf of the surety company must attach a copy of his Power of Attorney as evidence of his authority. A notary shall acknowledge the power as of the date of execution of the surety bond which it covers.

Bidders are hereby notified that in accordance with the provisions of Government Code Section 4590, securities may be substituted for any monies which the City may withhold pursuant to the terms of this Contract to ensure performance.

Construction License: The successful bidder must possess a current a **Class "A" General Engineering Contractor's License** issued by the State of California.

Award: The award shall be made to the lowest responsible bidder for the **base bid**, whose proposal complies with the specified requirements and according to the "selection policy and criteria" outlined below. The award of Contract will be made by the Director of Community Development, and the Contractor shall execute the Contract within ten (10) days after he has received the Contract from the City.
No bid may be withdrawn for a period of sixty (60) days after the opening of bids.

Selection Policy and Criteria: Staff will conduct an evaluation of all bids before an award is made. Consideration will be given, among other things to:

- Experience in project management, inspection oversight, material testing, and oversight of projects similar in type, size, and complexity.
- Character, integrity, reputation, judgment and efficiency of the contractor.
- Quality of the contractor's performance on previous projects contracted with the City.
- Contractor's understanding of the City's desires and general approach to the project as demonstrated in the project description and scope of work.
- Completeness of the work included in the Bid.
- Qualifications of the Contractor's staff being assigned to this project.
- Demonstrated ability of the Contractor to perform high quality work, to control costs and to (meet time schedules) provides the required staff to meet City's schedule.
- Demonstrated ability to work effectively with City staff in a co-management environment and familiarity with local conditions.
- Proposed work plan and Services provided.
- Price (Overall cost.)

Relief of Bidder: Attention is directed to the provisions of Public Contracts Code Section 5101 and following, concerning relief of bidders and in particular to the requirements therein that if the bidder claims a mistake was made in his bid, the bidder shall give the City written notice, within five (5) days after the opening of bids of the alleged mistake, specifying in the notice, in detail, how the mistake occurred.

Wage Rates: Bidders are hereby notified that the California Director of Industrial Relations has determined the general prevailing rate of wages for each craft, classification, or type of worker needed to execute the work.
It shall be mandatory for the Contractor and any subcontractor under him to pay not less than the said specified rates to laborers and workmen employed by them in the execution of the Contract.
Copies of the prevailing rate of per diem wages may be obtained from the Department of Industrial Relations, P.O. Box 420603, San Francisco, CA 94142-0603, Attn: Chief, Division of Labor Statistics and Research.

Bonds: The successful bidder will be required to furnish a payment bond in an amount equal to one hundred (100) percent of the Contract price, and a faithful performance bond in an amount equal to one hundred (100) percent of the Contract price.

Addendum(s) Issuance Verification: City staff will notify all contractors either by fax, email or US mail, of the issuance of addendum(s), if any. However, it is the Contractor's sole responsibility to verify that he received all addendums, if any, and to include all issued addendums in his bid. Submittal of the bid without inclusion of all addendums will be considered non-responsive and the bid will be rejected.

Rejection of Bids:
a. Bids may be rejected if they show any alterations of form, incomplete bid, erasures, additions not called for, or irregularities of any kind.
b. The City of West Sacramento reserves the right to waive any minor irregularity or clerical error and award the contract, provided the minor irregularity or clerical error does not materially affect the bidder's bid.
c. The City of West Sacramento reserves the right to reject any and all bids.

Conditions of Bid:
A. The City will not be liable for any cost incurred in the preparation of the bid.
B. The submission of a bid shall be prima facie evidence that the bidder has full knowledge of the scope, nature, quantity, and quality of work to be performed.
C. The City may, at its sole discretion, not proceed with this bid process, or accept or reject any and all responses submitted to this bid. All submittals shall be the property of the City of West Sacramento.

Ambiguities and Vagueness:
A. Call (916) 617-4766 to clarify any ambiguity you might encounter while preparing your bid.
B. The submission of a bid shall be prima facie evidence that the bidder has full knowledge and understanding of the scope, nature, quantity, and quality of work to be performed.
C. Claims for ambiguity or vagueness will not be considered after the bid opening.

Failure to Timely Complete the Work, Liquidated Damages Notice:
A. This is the contractor's notice that Liquidated damages will be enforced for all inexcusable delays. Please see Section D, clause # 8 below for more information.

July 25 Aug 1

ANSWERS to Sports Quiz (P. 3) & Puzzles (P. 8)

Go Figure! answers

2	x	8	+	9	25
+		+		−	
3	x	4	÷	6	2
x		x		x	
5	x	5	−	7	18
25		10		21	

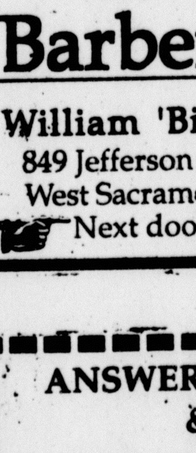
Weekly SUDOKU Answer

5	9	6	3	8	1	2	7	4
4	6	2	8	7	5	9	1	3
7	3	1	2	4	9	8	5	6
1	4	7	5	6	3	8	2	9
8	2	3	7	9	6	5	4	1
6	5	9	4	1	2	3	8	7
9	1	5	6	2	7	4	3	8
2	7	4	9	3	8	1	6	5
3	8	8	1	5	4	7	9	2

E	A	T	S		D	A	V	I	T		T	A	M	E	R			M	O	E
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C	O	W	N	T	B	A	S	I	E		A	E	S	O	P		C	O	N	E
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O	M	O	O		A	N	Y			E	T	R	E			S	N	A	R	E
D	O	W	N		N	E	R	V	E		H	U	G	H	H	E	I	F	E	R
E	R	A	S		C	A	N	O	N		E	D	G	E	S		T	R	I	O
D	E	Y		E	L	A	N	D		R	E	S	E	T		E	O	N	S	

Answers

1. Detroit's Mark Fidrych in 1976 with a 2.34 ERA.
2. It was 1993, when the Phillies lost to Toronto in the World Series.
3. St. Louis took Lawrence Phillips with the sixth pick; Carolina tabbed Tim Biakabutuka with the eighth selection.
4. Kansas State, University of Florida, Illinois and University of Nevada-Las Vegas.
5. Forty-nine victories, set in 2006-07.
6. Maryland won seven in a row (1995-2001).
7. Jean Cruguet.



Differences: 1. Golf club is missing. 2. Swim trunks are different. 3 Cloud has moved. 4. Boy's hair is different. 5. Shrub is gone. 6. Hat is different.

INVITATION TO BID

Sealed proposals will be received at the office of the Director of Community Development, 1110 West Capitol Avenue, 2nd floor, West Sacramento, California 95691, until **2:00 p.m. Friday, August 17, 2007** at which time and place they will be publicly opened for the construction of:

Patwin-Summerfield Bicycle Pedestrian Bridge
Located at east end of Catalina Island Road.
Adjacent to Patwin Park.

Optional Site Walkthrough: A site walkthrough is scheduled on the following dates:

- **Monday, July 30th at 10:00 a.m.**
- **Friday, August 3rd at 10:00 a.m.**

The site walkthrough is offered as an opportunity to view site conditions and meet City Facilities Development Division staff assigned to the project.
The proposed work consists of the following:

Description of Work: The work will consist of the construction of a Bicycle pedestrian Bridge, and all related components necessary to complete the work as specified in the Contract plans titled, **"Patwin-Summerfield Bicycle Pedestrian Bridge"**, and these Specifications. In addition, the work includes the replacement of any permanent and temporary facilities removed or damaged as a consequence of the execution of this Contract.

Completion of Work: All construction work shall be completed within **One Hundred (100) Calendar** days from the date designated on the

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POLICE LOG

July 16, afternoon/ evening

Police contacted a man and arrested him after discovering he had failed to register as a sex offender.

July 16, afternoon/ evening

An officer took a report on an auto burglary on Channel Street over the weekend. Someone broke into a "semi" truck and took a stereo.

July 16, afternoon/ evening

Police received the report of an auto burglary at a Southport shopping center parking lot. Someone forced entry and took a car stereo and a GPS (global positioning system) unit.

July 16, night shift

Someone forced open the door at a small market and stole several packs of cigarettes, candy bars and baseball hats.

July 16, night shift

Police arrested a man after a disturbance at Jefferson Blvd. and West Capitol Avenue. The man appeared under the influence of drugs. During the booking process, the man took some drugs from his clothing and tried to discard them on the floor.

July 17, afternoon/ evening

Police contacted a wanted man at Sacramento Avenue and Todhunter. The man had a total bail of $65,000. He was booked.

July 17, afternoon/evening

Officers stopped a man for a bike riding violation. The man was found to be in possession of a syringe and drug paraphernalia. He was cited and released with a notice to appear in court.

July 17, night shift

A drunk driver was arrested at Kegle and Fremont streets.

June 18, afternoon/evening

Police responded to the report of a fight on Andrew Street. A man was arrested for battery and for a warrant.

June 18, afternoon/evening

A police officer stopped a woman driving at Linden Road and Stonegate, for running a stop sign. The woman refused to follow directions. The officer called for backup. Police took the driver into custody for warrants and for driving with a suspended license. The woman calmed down and was released with a notice to appear in court.

June 18, afternoon/evening

An officer stopped a car with no license plates at West Capitol Avenue and Westacre Road. The driver appeared drunk, and was jailed.

June 18, night shift

An officer saw a "beer run" at a market at Harbor and West Capitol. A subject in the beer theft was seen running to a nearby parked vehicle with five people in it. Police arrested the driver (age 18) for DUI, and the other four (all juveniles) were cited and released for the theft.

July 18, night shift

The driver in a traffic stop at Jefferson and Triangle Court was found in possession of half a gram of heroin. He was arrested, and his vehicle was towed.

July 19, 9:15 p.m.

Three men entered a north-area market and robbed the store. All were wearing ski masks and one had a small, dark handgun. The three fled towards the 800 block of Sacramento Avenue.

July 20, daytime

Police arrested a man at his home for a felony warrant.

July 20, daytime

A West Sacramento store detained an employee for embezzlement. The suspect had been embezzling from the company by using gift cards illegally.

June 20, afternoon/evening

Officers stopped a jay-walker near a West Capitol drugstore. The man ran when asked about his parole status. Police caught him, and found 20 grams of marijuana in the man's possession. He was booked for parole violation and possession of illegal drugs for sale.

June 20, afternoon/ evening

A woman said she was sexually battered while crossing the street near a Linden Road condominium complex.

June 20, afternoon/ evening

Police responded to 5th and C streets for a three-vehicle collision. One driver fled the scene, and occupants in other vehicles were injured. The fleeing driver left behind a front bumper – with license plate attached. The suspect was located, intoxicated, and was arrested and booked.

June 21, 8:30 p.m.

A Yolo County sheriff's deputy responding with lights and siren to a vehicle accident collided with another vehicle in the Jefferson Blvd./Linden Road intersection. A police officer responded to investigate. Injuries were "very minor."

June 21, afternoon/ evening

A "dirk" or dagger was found concealed in the wallet of a man stopped for a minor traffic violation. The subject was jailed.

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LETTERS from page seven

of those particular board members, expressed a desire to find a way to add that compassion into the layoff process and make the process kinder and gentler. I was very touched by their comments and what appeared to be sincere concern. I realize for some, this compliment coming from me for some of our particular board members is a shock, but I call it like I see it.

What I did find very disturbing and down right rude was the response given to them by the Superintendent. He said without any hesitation, that he knew for a fact that employees out right lied at the podium at the board meeting where these issues were discussed.

Furthermore, he stated that staff had personally told employees who said they were caught off guard, as they had said publicly that they had no idea their jobs were in jeopardy (including some employees of 17 years). It was equally disturbing when board President, Mr. Kalar, stated "we are going to get backwash no matter what we do, we just have to do it." I have known a lot of employees in the 15 years my family has actively volunteered in this community and school district. Many have become like part of our family because we have worked together so much not only in the schools our children attended but the family feeling we had felt until the new district Administration. The new theme seems to be "out with the old and in with the new". How sad for those that have been loyal to this district when they could have gone to another district and made not only more money and probably would have had the support of their district administrators.

Another overtone I've heard in the community which was confirmed by comments that came from the Superintendent was the feeling that the retired employees have too many benefits and are too much of a financial burden. I'm sorry, but people that have given the number of years some of these employees have given this community, deserve what has been promised. I believe the Superintendent's comments that day made it clear that he and his Administration do not care about the employees who were already here let alone have any compassion for all those here now, other than the people they've brought in on what I refer to as "the buddy system".

On a last note, I completely agree with Liz Bagdazian's letter of July 11 regarding the maintenance and grounds issues at the current RCHS. Realizing that the people in charge of that (as addressed in the letter by Patrick Shandor) have had huge budget cuts and lack of personnel to properly maintain all of our schools, why isn't the administration making sure all the current schools in the district are adequately maintained. RCHS should not be "let go" just because someday we will (hopefully) have a new building, as they intend on using the current facility for other students and programs. I know from our family's experience of wading through the tall weeds to get out to the baseball diamonds for not only high school games but summer league as well. The Dolphin swim team hosts different events and our tennis teams as well as other teams compete and sponsor programs just about all year long.

The students that currently attend RCHS deserve to have that campus in the best way we can give it to them. After all, there was no hesitation to use the left over bond money that was suppose to be spent on that particular campus to help defer the over run of the new high school, so maintaining the place is the least the district could do! Besides, with all the raises the administrators received, extra administrators we've added, and now the loan we're going to give the new charter program (yes, you remember, the one that wasn't going to cost us anything other than the ADA we will be losing) we should have enough money to add maintenance people and up the budget! After all, I thought it was suppose to be about the kids!

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West Sacramento

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News-Ledger Directory of Local Places of Worship

Anna Street Baptist Church Rev. Norman Pollitt, 371-6560 1400 Anna St., W. Sac. Sunday School 10 a.m. Sunday Worship 11 a.m. Prayer Time 6:30 p.m.	**Community Lutheran Church** Rev. Marjorie C. Beach, Pastor 920 Drever St., 371-8804 10 a.m. Worship/Sunday School Friendly, inclusive faith language, Progressive thealogy/theology LGBT, Interfaith folks welcome	**Our Lady of Grace Catholic Church** 911 Park Blvd., 371-4814 Father Jos. Karikattil, Pastor Masses: Sat. Vigil 5:30pm Sunday 9 & 10:30 a.m. Weekdays 7 a.m. No Mass on Thursday
Center for Spiritual Awareness 1020 W. Capitol Ave., 374-9177 Sun. services 9 & 11 am Meditation at 10:30 a.m. Praise & worship 10:45 a.m. Junior church for all ages at 11 am	**Church of Jesus Christ of Latter Day Saints** 2667 Linden Road Bishop Ray Jackson, (916) 372-1113 Sunday Meeting Times: Sacrament Meeting, 9 a.m. PUBLIC WELCOME!	**Seventh Day Adventist Church** Frank Hightower, Elder 519-5329 2860 Jefferson Blvd., W. Sac. PO Box 447, W. Sac. 95691 Sat. Sabbath School 9:30 a.m. Worship 11 a.m. 372-6570
Trinity Presbyterian Church 1500 Park Blvd., W. Sac. Rev. Steve Whitney (916) 371-5875 9am: Family-Friendly Contemporary Service 11am: Blended Traditional & Contemporary Service	**Holy Cross Catholic Church** 1321 Anna St. (near Todhunter) Pastor Giancarlo Mittempergher Sat. Vigil 5 p.m. (English) Sunday 9 (English) Noon & 7 p.m. (Spanish) Mon 8:30am, Tues-Wed 7am, Thurs. 6:45 (Spanish), Fri. 8:30 a.m. Call 371-1211	**First Southern Baptist Church** Rev. Don Parker Sun. School 9:30 a.m. Sun. Worship 11am Wed. 6:30pm Prayer Meeting & Bible Study 2124 Michigan Blvd. 371-2111
SouthPort Community Church Pastor Bruce Maier Celebration Worship Sunday 10:30 a.m. KidLand during service. Youth & Small Group Ministry for All Ages. Call 372-7818. Meets at Bridgeway Island Elem. School 3255 Half Moon Bay Cir. www.southportcommunity.com	**WestSide Covenant Church** Worship Services at Collings Teen Center 1541 Merkley Ave. Sundays 10 a.m. & 6 p.m. www.westsidecov.org 371-3933	**New Discovery Christian Church** Now meeting at Bryte Elem. School, 637 Todhunter Ave., West Sacramento at 10:30 a.m. Nondemoninational. Casual dress. Pastor Jerry Green (916) 933-2351
Horizon Christian Fellowship Rev. Claude J Perez, Sr., Pastor 1800 Manzanita Way, 371-3458 SUN Worship 9:30 & 11 am SUN Worship & Prayer 6pm WED Bible Study 7pm THURS Youth Group 7pm 1st & 3rd FRI Singles 7pm 2nd FRI Women's Fellowship 7pm	**Radiant Life Church of West Sacramento** 3605 Gregory Ave (in Southport, where Jefferson, Davis & Gregory meet) Worship Sun. 10 a.m. Youth Tuesday 6:30 p.m. Call 371-6706	**Fresh Oil KingdomMinistries** Meeting every Sunday at 3pm Turner Library Community Rm 1212 Merkley Ave (916) 617-4377 Bible-based ministry. Pastors: William & Rachel Wiley Bible study each Wed. 7pm, 1479 Barona St., W Sac.

PAGE FROM THE PAST

INDEPENDENT-LEADER FRIDAY, JUNE 15, 1923

POPULAR WEST SACRAMENTO GIRL WED IN LOCAL CHURCH

At the Catholic Church in Washington last Monday morning following a nuptial Mass by Rev. Father Marcucci, Miss Noreen Taylor and Philip Ettel were married in the presence of a few close friends and relatives from Sacramento and West Sacramento.

The bride has been popular in West Sacramento during the past few years where she has been attending school at the Sister's convent and graduated from there two years ago.

She is just past her eighteenth year and lately graduated as a trained nurse from the Sister's Hospital.

Ettel is a contractor and builder of Sacramento, having inherited from his father a remunerative business of several years' standing.

Immediately following a reception held at the home of the parents of the bride the young couple went to San Francisco and other Bay resorts for their honeymoon.

Attending the bride and groom at the wedding as bridesmaid was Miss Maureen Taylor, her sister, and as best man, Michael McElligott of Sacramento.

Ettel had joined the Catholic Church before the wedding and on the eve of the wedding day was baptized by Rev. Father Marcucci.

WORK ON WEST SACRAMENTO ROAD STARTED MONDAY

As promised by the Independent in last week's issue of the paper, work was started by the contractors on the roadway from the church in West Sacramento to Riverview station on the Oakland-Antioch Railway and on the river levee near Glide.

Work will also be started on the road on Jefferson Boulevard in West Sacramento in a short while.

The contractors estimate they will be able to finish both stretches of road before the first of September, which will be welcome news to the farmers of the district and those farther south.

BABY BOY BORN TO GUINDA RESIDENT

A fine boy was brought by the stork to Mr. and Mrs. J. A. Mitchell of Guinda, Calif., on June 5th, at the Sisters Hospital, Sacramento. Dr. Franck, who played the part of the stork, reports that mother and baby are doing fine.

Self-made men never brag about their self-making.

But they love to hear the other fellow brag about it.

business. He expects to stay till Sunday evening.

Mrs. E. Reynolds has moved to her new home on C street near Fourth street.

Miss Georgia Mathena left this week for Seattle, accompanying Mr. and Mrs. R. L. Cranage of Oak Park.

Mr. and Mrs. William Everett, former residents of Washington, have returned to make their home here.

Miss Jeanette Buckingham is a visitor at the home of Miss Ardella Manchester on the return from Berkeley, where she has been attending the high school, to her home in Paradise Valley, Nevada.

Mrs Jane Buckingham, Mrs. Joseph Shaw and Mrs. A. M. Cameron were entertained Teusday afternoon at the home of Mrs. Martha Mathena in Sacramento.

Mr. and Mrs Sam Conrad, former residents of Washington, who have been living in Gerber, are now making their home in West Sacramento.

Mr. and Mrs. C. J. Ford of Roseville were guests last Monday at the O. P. Cook home. Mr. and Mrs. Dyer of Berkeley, accompanied by Mrs. William Thorburn, spent the weekend at the O. P. Cook home.

Mrs. E. J. Flint is ill with a felon on one of her fingers.

The Sunshine class of the Washington Community Church recently elected the following officers: Dolly Keenwright, president; Launa Williams, vice president; Georgia Mathena, secretary; Bernice Butters, treasurer; Lois Patterson, warden; Ruth Rickard, chaplain.

Mrs Frank De Riso has gone to Hilt to spend a week visiting her son and daughter-in-law, Mr. and Mrs. Frank De Riso, Jr.

Mr. and Mrs. Frank Wilson and Frank and Charles Todhunter left last Saturday for an outing at Shasta Springs.

Mrs. H. B. Buckingham is in Santa Rosa visiting her daughter.

OPEN for SERVICE

WASHINGTON FILLING STATION
at

TOM ROBINSON MARRIED IN OAKLAND ON MAY 24

Pale and rather haggard during the past two weeks, friends of Tom Robinson have been asking questions, and succeeded at last in finding the cause.

Ruddy of complexion and boistrous to a degree, Robinson cooled down within the past two weeks in a peculiar way. It was this change that prompted questions. The result was that Tom acknowledged the step and told his friends that he had been married to Miss Anna MacAllister on May 24th in the Presbyterian Church in Oakland.

Tom is a joker and everybody knows it. On his friends he has preyed for a long time, but now he is ready to take the joke too.

Mrs. Robinson is a popular young lady of the Capital City, employed at the State Capitol in the Controller's office.

Tom has been here during the past three years. Everybody knows him as Tom, and as a matter of fact few knew what his last name was. He is employed at the Beale store and is noted for his courtesy and genial disposition.

The young couple had only a few near relatives to witness the ceremony. They will make their home with the parents of the bride temporarily at 1215 L Street.

RIVERBANK HOME IS DESTROYED BY FIRE

Last Saturday night at 10:30 p. m. the home of W. Howard in Riverbank was discovered on fire by Mrs. Howard, who smelled smoke on the premises.

She, with her three children, had retired for the night and had been asleep but a short time when awakened by the smoke.

Gathering together the three little ones, she got outside the dwelling as quickly as possible, saving only her own clothing and that of the children which had been worn that day.

Neighbors were summoned immediately, and the volunteer fire-fighting force was called out, but owing to the inflammable nature of the structure it was practically consumed before the fire fighters arrived.

The home was a complete loss, with only a small insurance.

When the fire occurred, the father, W. Howard, was at work in the fruit districts around Winters and Vacaville.

Neighbors have been housing the Howard family since the disaster. The cause of the fire is unknown.

CLAIMS ALLOWED BY YOLO SUPERVISORS

Blackington, E. L., roadwork	$65.00
Curtis, S. C., roadwork	65.00
Herrington, M. J., roadwork	12.25
Kroninger, John, pay roll	17.55
P. G. & E. Co., lighting	89.04
Smith Reddell Co., roadwork	360.00
Van Tassel, O. E., roadwork	160.00
White, C. L., roadwork	52.00
White, C. L., roadwork	78.00

WEST SAC. PROPERTY OWNERS MEET NEXT TUESDAY EVENING

Another social gathering of the property owners of West Sacramento will be held next Teusday evening at the Administration Building to perfect the organization known as "District 900 Improvement Club."

Election of reclamation trustees of the district will take place on Wednesday, June 20, and it is mostly for this purpose that the meeting will be held Tuesday evening.

Committees of several kinds have already been named to look after the affairs of the district, and reports will be turned in by these Tuesday evening. It is understood that several of the committees have been active in perfecting plans and preparations in the way of improvement, and no doubt every property owner will be anxious to hear of these plans.

Two previous meetings were practically unannounced, but nevertheless large gatherings took place that were very satisfactory to the representative of the bond holders.

A promise has been made that, besides Mr. Peltier and Mr. Jones, some more of the bond holders will be present next Tuesday evening to announce other purposes that are in view by the reorganization committee.

There should be a full house at the headquarters next Tuesday evening, especially because it falls on the eve of the election of reclamation trustees, which is Wednesday, June 20.

DRUG FIENDS STILL CROSS RIVER GIVING US BAD REPUTE

An old offender, giving his name as John Ryan, was sent to the county jail last Tuesday by Judge Barry for ninety days because he was found possessing morphine.

Ryan was arrested in the brush south of the M Street bridge by Roy Jones, agent of the State pharmacy board, and Constable Henry Buckingham. He was recognized as an old offender, having spent some time in the State penitentiary.

He had only just crossed the M Street bridge when he was taken by the police officers.

Lee Lee, the incorrigible Chinese, was held over to appear before the superior court last Saturday by Judge Harrison of Woodland, acting in place of Judge Barry in the local court.

Lee has served time before for peddling dope, and the chances are he will be given a heavy sentence when he appears before Judge Harrison in the near future.

WHY WAIT?

For that long desired vacation when you can buy this roomy Chalmers 6 Touring and be happy? New paint and completely overhauled. Bring $150 cash, balance easy.

1220 KAY STREET
Open Evenings until 9:30

PROPERTY OWNERS of WEST SACRAMENTO

YOUR SPECIAL ATTENTION IS DRAWN TO THE

ELECTION OF TRUSTEES

WHICH IS TO BE HELD AT HEADQUARTERS ON JUNE 20TH

The time is ripe for you to get your rights—to know what is being done with your money—to secure improvements that are badly needed—to get a Board of Trustees with whom you can consult.

WE RECOMMEND FOR YOUR CONSIDERATION

J. PELTIER – SAMUEL HARBINSON – A. F. TURNER

Notice of election now being published reads:

Pursuant to an order of the Board of Supervisors of the County of Yolo, State of California, duly given and made on the 7th day of May, 1923, notice is hereby given that an election of three (3) trustees of Reclamation District No. 900, created by act of the Legislature of the State of California, approved March 2, 1911, situate in the County of Yolo, State of California, will be held in said reclamation district at Room No. 4, in that certain building commonly known and designated as the "Administration Building" of the West Sacramento Company, situate in West Sacramento, in the County of Yolo, State of California, said building or structure being situate within said Reclamation District No. 900, on Wednesday the 20th day of June, A. D. 1923, and that the polls of said election will be open from 10 o'clock A. M., until 4 o'clock P. M., of said day, and that A. F. Turner has been appointed inspector of the said election, and Taylor Payne and Bartle Monte, have been appointed Judges of said election.

Dated May 7th, A. D. 1923.

By order of the Board of Supervisors of the County of Yolo, State of California.

(Seal) W. O. RUSSELL, Chairman of the said Board of Supervisors.

Attest:
H. R. SAUNDERS, Clerk.

Reorganization Board of West Sacramento

Vegetarians, as a general thing, are pestiferous boarders.
Yet you never hear of one marrying a grass widow.

Hemstitching and Picoting Attachment. Fits any sewing machine. Price $2.00. Checks 10c extra. Light's Mail Order House, Box 172, Birmingham, Ala. 38-43

FARM WANTED—Wanted to hear from owner of farm or good land for sale, for fall delivery. L. Jones, Box 974, Olney, Ill.

FOUND

A bunch of keys evidently in daily use was found last Monday on the S. P. bridge by a young man in Washington. About to leave town, he desires to return the keys to their owner and has left them in charge of the Independent, on payment for this ad.

WANTED—Men, women and children in every community to send a post card for SUNSET'S big, interesting Gift Catalogue—just out. Hundreds of useful, valuable rewards in return for a little "spare time." Address Catalogue Dept., SUNSET MAGAZINE, San Francisco.

SALE—ARMY SHOES—SALE

We have just bought a tremendous stock of Army Munson last shoes to be sold to the public direct. Price $2.75. These shoes are 100% solid leather with heavy double soles sewed and nailed. The uppers are of heavy tan chrome leather with bellows tongue, thereby making them waterproof. These shoes are selling very fast and we advise you to order at once to insure your order being filled. The sizes are 6 to 11 all widths. Pay postman on receipt of goods or send money order. Money refunded if shoes are not satisfactory. THE U. S. STORES CO., 1441 Broadway, New York City.

6% MONEY. Under Bankers Reserve System 6% loans may be secured on city or farm property, to buy, build, improve, or pay indebtedness. Bankers Reserve Deposit Company, 1648 California Street, Denver, Colorado.

WANTED—Man with car to sell complete line low priced TIRES and TUBES. $100.00 per week. Sterlingworth Tire Co., 343 Sterling, E. Liverpool, Ohio.

JULIUS HOTEL
301 J Street, Sacramento
We Serve a Fashionable and Substantial
ITALIAN DINNER
At a Price That Is Fair to Us and Our Customers

You Eat MEAT!
That is our business
Our prices are less
Your selection is invited
YE PROGRESSE MEAT SHOPPE
(Only shop near west end of Sacramento operated by white men)
505 K Street

Washington Hotel
YOLO
SOFT DRINKS, CIGARS
Raviola and Chicken Dinners Sundays
Regular Italian Meals Daily
Weekdays, Meals 35c
Sundays, 50c
D. PELLINI, Prop.
Phone 3479-W

7-Mile House
Upper Stockton Road
This is a House of Staples
Tires, Gas, Tubes, Oils and Groceries
Campers' Supplies for Travelers
NICK KADEL, PROPR.

Conley's Cash Store
ON THE RIVERSIDE ROAD
Has no new habits and does not believe that its patrons have very new ideas.
We cater to gentlemen for eats and drinks.
Soft Drinks of Every Make
Dancing Every Saturday Night
Sandwiches of All Kinds
MILTON AYERS, Prop.

THE WHITE HOUSE
Near Baseball Park on 10th Street Car Line
We make a specialty of

KOPP'S RESORT
ARNO
Upper Stockton Road
LUNCHES of all kinds
GASOLINE, AIR WATER
Accommodations for travelers
We try to accommodate
E. KOPP, Proprietor

MAIN 324 P. O. Box 252
LARKIN PRINTING CO.
Mrs. Jeanette J. Larkin, Proprietor
BRIEFS - POSTERS
COMMERCIAL PUBLISHING
2211 K St. (Rear), SACRAMENTO

Florin Cafe
FLORIN
is the only real place in that district of Sacramento County to get
REFRESHMENTS
AL. MARYAT
is a genial host and never leaves a wish unfulfilled.

Gilt Edge Cafe
Now Located at
1012 J Street, Sacramento
Catering to Gentlemen
COMMERCIAL LUNCH
Sandwiches of all kinds at all times.
A comfortable place to spend a spare hour.
Philip Buchman, Prop.

DON'T FORGET
The H & C
207 K Street, Sacramento
The same genial old place with a smile for the worn and the weary.
We Cater to Travelers

STAR CAFE
130 J Street
We Cater to the
LIBERAL PEOPLE
of Sacramento and Yolo Counties in any beverages that are within the law.
V. Salani, Proprietor

THIS conve
bank will be
Evenings from
p. m., and on S
Company
THE CAPITAL N
700-706 J
ALDEN ANDERSON
President

OPINION

News-Ledger Editorial

The missing reason

West Sacramento's school district will offer up a new bond measure for local voters to ponder in November. The bond money is meant to help finish paying the bills for construction of a new high school, add middle school classes to some local "K-8" campuses, and do a few other things designed largely to create support among varied sectors of WUSD's constituents. (When designing a school bond, it's politically wise to try to include a little something for everybody in order to lots of "yes" votes.)

As for paying for the new high school, it's hard to think of a better way to do finish the job. The cost of construction has risen from under $100 million to about $160 million, all things told. Whatever the reason, and whoever's to blame, there's a shortfall. That calls for downsizing of plans, phasing of construction and finding new sources of money.

The creation of the K-8 schools brings its own issues. One issue is that putting fewer kids in Golden State Middle School and more kids on various elementary school campuses is going to cost money. The program has been approved, but the means to pay for it (the school bond) have not.

Without the funding in place, why did the district proceed with K-8?

Washington Unified has agreed to begin creating K-8 campuses largely in response to demands from parents – generally in Southport – who want their kids schooled in local K-8 campuses instead of on the campus of Golden State Middle School, in the city's north.

Why do they want this? You can find different answers among different families. Some reasons:

■ Golden State is not a particularly high-performing school, when measured by student test scores. Some parents objectively feel their kids will get a better education at their south-area elementary school campus which may be performing better in academic performance tests.

■ Golden State is more demographically mixed than the south-area schools, which are situated in a whiter and wealthier area. No doubt some parents are intimidated by the socio-economic mix at Golden State. Almost no one, including people with racist thoughts, ever really believes he is a racist. But it would be naïve to think that race and class play no role in school selection for at least some families, on at least some level.

■ Golden State is a long bus ride or car commute away for a kid whose house is in Southport – particularly the farthest reaches of Southport. It's also awkward for many parents to be involved in their kids' campus activities when they live far from their school. A closer school is more appealing.

■ A K-8 school offers a chance for the family to keep a child among school faculty and staff who know that child. It also offers the experience of a small campus for longer in a child's educational career.

These are just some of the perceived "pluses" for the idea of new K-8 campuses. You can find arguments on the other side, in favor of traditional middle schools, too.

But administers and the school board have responded to parents' demands for K-8 campuses. They have cited the need to offer a choice to local parents, and the need to keep some families from taking their kids out of the school district when faced with 7th grade and Golden State Middle School.

There's a key question largely unaddressed: does keeping a child on an elementary school campus through eighth grade produce a better result than sending the child to a middle school, with its high-school-style curriculum and campus size? Some parents will argue "yes." But you can find research to support either argument, a top administrator told the school board.

It's funny, but the obvious reason to spend the money on a new K-8 program is missing from the actual list of reasons used by WUSD for its decision. The district has never really claimed that K-8 programs will educate kids better than the current system.

Letters to the Editor

Thank God for the Langfords

I am responding to a "not so nice" letter written by Rebecca Wall (June 27, News-Ledger) regarding Dani Langford. I would just like to say that it is really sad that people resort to making ugly comments about people that they don't really know, just because they have a different opinion than theirs. I have been on the opposite side of the fence from Dani over the years, but I must admit, she does her home work and she is committed to what she believes in.

Dani and her husband Larry have devoted hundreds of hours in classrooms helping students and with school fundraisers. You can vistit the West Sacramento Little League Park anytime and find Larry umpiring a baseball game, sometimes assisted by their college age son Calvin. You can find Dani at the snackbar at every River City High School home football game selling "Booster Burgers" and in the gym snackbar for basketball games. They aren't at these fundraisers for a "photo opportunity" as some are. They are there to make a difference for your child and mine. With Dani and Larry's help, the "River City High School Parents BoosterClub" is giving the athletic department $5,000 to buy needed sports equipment and also gave $3,000 in scholorships to River City Graduates this year.

I understand some think she is like a broken record. But maybe the School Board should consider answering the questions people are asking, treating their employees like they are valued, doing business out in the open, and above all be honest and above board with the community. I know they are all good people, but some of them think that being a good board member is having to rebut every comment made by members of the community and giving self praise for their decisions.

West Sacramento could be a much better place if we took as much time to help each other as we do running each other down. Thank God West Sacramento has the Langfords.

IRENE EKLUND
President, RCHS Parent Booster Club

Reduce CEO pay

The increasing gap in compensation we continue to witness between corporate CEO's and the geometrically increasing number of those at the bottom of the pay scale — who are not paid a living wage — is becoming more and more disturbing. Too many of those at the bottom of the pay scale have too little or no health care coverage, thus making them pay much more for doctor's visits and Rx's. If they're lucky (really poor or on assistance), the rest of us pay via taxes or higher health care costs, as the uninsured flow to emergency rooms, driving up hospital costs.

What ever happened to the old slogan. "An ounce of prevention is worth a pound of cure"? It sure seems far less costly if all had checkups and other preventive health care.

Caution: When those at the top of their "money tree" refuse to maintain a healthy base, or refuse to care about those down below, they will topple due to their own greed. It's time to reform corporate welfare, including excessive CEO pay. Or, if they're smart, they'll go out on a limb and turn over a new leaf themselves.

WILLIAM A. LOWELL
West Sacramento

Layoff callousness

After attending the "Special Board Meeting" held two weeks ago, I wanted to give some brief points that came up in the meeting that I feel the community and staff should be aware of.

During the CSBA "facilitated" portion of the meeting, I found some of the Board members and Superintendent's comments to be interesting. One in particular issue that caught me by surprise was the concern that Mrs. Leland, Ms. Vargas and Mr. Stegman showed in the lack of compassion staff seemed to extent during the layoff situation. All three

Please see LETTERS, page 5

Fictitious Business Name Statement
Filed July 9 2007
File No. 2007-698

The following person is doing business as Scrubs-n-Stuff; Scrubs and Stuff, 1296 E. Gibson Rd., Woodland CA 95776:

Michael S. Rossiter, same address.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on NA.

/s/Michael Rossiter

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: July 9 2007
by: /s/Carol Grein, Deputy Clerk

July 25 Aug 1 8 15

Fictitious Business Name Statement
Filed July 16 2007
File No. 2007-726

The following person is doing business as Cherry Glen Investors; Cherry Glen Apartment Investors, 632 Cantrill Dr., Davis CA 95618:

Greg McNece, Trustee, same address.

This business is conducted by a Limited Partnership.

The registrant commenced to transact business under the fictitious business name or names listed above on 11/1/82. Previous fictitious business name number 2007-407.

/s/Greg McNece, Trustee

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: July 16 2007
by: /s/Kimberli Barklow, Deputy Clerk

July 25 Aug 1 8 15

Fictitious Business Name Statement
Filed June 26 2007
File No. 2007-669

The following person is doing business as Altex Logistics, 945 F St., West Sacramento CA 95605:

Altex Enterprises, Inc., (incorp. in CA), 3355 Myrtle Ave. #250, North Highlands, CA 95660.

This business is conducted by a Corporation.

The registrant commenced to transact business under the fictitious business name or names listed above on NA.

/s/Andrey Lutsuk, President
Altex Enterprises, Inc.

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: June 26 2007
by: /s/Ava Woodard, Deputy Clerk

July 25 Aug 1 8 15

Fictitious Business Name Statement
Filed July 16 2007
File No. 2007-723

The following person is doing business as Glass for Health, 2750 Brentwood Pl., Davis CA 95618:

Kimberlee Clair Catacutan, same address.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on N/A.

/s/Kimberlee Catacutan.

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: July 16 2007
by: /s/Ava Woodard, Deputy Clerk

July 25 Aug 1 8 15

Fictitious Business Name Statement
Filed June 27 2007
File No. 2007-675

The following person is doing business as Tea Time Massage, 1704 Lakewood Dr., West Sacramento CA 95691:

Terie Shofner, same address.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on NA.

/s/Terie Shofner

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: June 27 2007
by: /s/Ava Woodard, Deputy Clerk

July 25 Aug 1 8 15

Fictitious Business Name Statement
Filed July 5 2007
File No. 2007-693

The following person is doing business as 24seven Vending, 2286 Stone Blvd., West Sacramento CA 95691:

Bird Ventures, Inc., 4326 Lombardia Way, El Dorado Hills, CA 95762.

This business is conducted by a Corporation.

The registrant commenced to transact business under the fictitious business name or names listed above on 6/1/07.

/s/Damon Bird, President
Bird Ventures, Inc.

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: July 5 2007
by: /s/Ava Woodard, Deputy Clerk

July 18 25 Aug 1 8

Fictitious Business Name Statement
Filed June 25 2007
File No. 2007-665

The following person is doing business as Pipe Dreams, 3310 Jefferson Blvd., West Sacramento CA 95691:

Ronald H. King, 3375 Jefferson Blvd., W. Sacto. CA 95695.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on 1/1/97. Previous fictitious business name number 97-415.

/s/Ronald H. King.

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: June 25 2007
by: /s/Ava Woodard, Deputy Clerk

July 18 25 Aug 1 8

Fictitious Business Name Statement
Filed June 18 2007
File No. 2007-631

The following person is doing business as Seaway International Commerce Center, 830 Riverside Parkway, Suite 10, West Sacramento CA 95605:

Harsch Investment Properties, LLC. 1121 SW Salmon Street, Portland OR 97205.

This business is conducted by a Limited Liability Company (Oregon).

The registrant commenced to transact business under the fictitious business name or names listed above on N/A.

/s/Gregory H. Baum
Vice President and Secretary
Harsch Investment Properties, LLC

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: June 19 2007
by: /s/Kim Weisenburg, Deputy Clerk

June 27 July 4 11 18 25

ORDINANCE SUMMARY

At their regular meeting on August 1, 2007 the West Sacramento City Council is scheduled to adopt Ordinance 07-18 amending Chapter 3.04 of the West Sacramento Municipal Code related to purchases of supplies and equipment. The meeting will be held at 1110 West Capitol Avenue, West Sacramento in the Council Chambers at 7:00 pm.

The full text of the ordinance is available in the City Clerk's Office, 1110 West Capitol Avenue, West Sacramento, CA 95691.

July 25



Archaeologists believe pottery was invented about 12,000 years ago.



Leotards are named for Julius Leotard, an 18th-century French gymnast.

Statement of Abandonment of Use of Fictitious Business Name
Filed June 14 2007
FBN Number 2003-448

The following Fictitious Business Name: Skylark Mobilehome Park, whose principal place of business was 3205 West Capitol Ave., West Sacramento 95691, Yolo County, which was originally filed in Yolo County on 5/21/1998, is being ABANDONED by the registrants listed below:

Bill Hutchinson and Lori Hutchinson, 20735 5th St. East, Sonoma, CA 95476, Sonoma County.

/s/Bill Hutchinson

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: June 14 2007
by: /s/Ava Woodard, Deputy Clerk

Fictitious Business Name Statement
Filed June 6 2007
File No. 2007-695

The following person is doing business as MC Diesel Repair, 529 Houston St., Unit A, West Sacramento CA 95691:

MC Diesel Repair Inc., 529 Houston St., Unit A, West Sacramento CA 95691.

This business is conducted by a Corporation.

The registrant commenced to transact business under the fictitious business name or names listed above on 7/6/07.

/s/Mario Correa
/s/Virginia Correa
MC Diesel Repair Inc.

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: July 6 2007
by: /s/Sara Pfeifle, Deputy Clerk

PUZZLES & COMICS

The Spats

by Jeff Pickering



R.F.D.

by Mike Marland



Mama's Boyz

by Jerry Craft



Amber Waves

by Dave Phipps



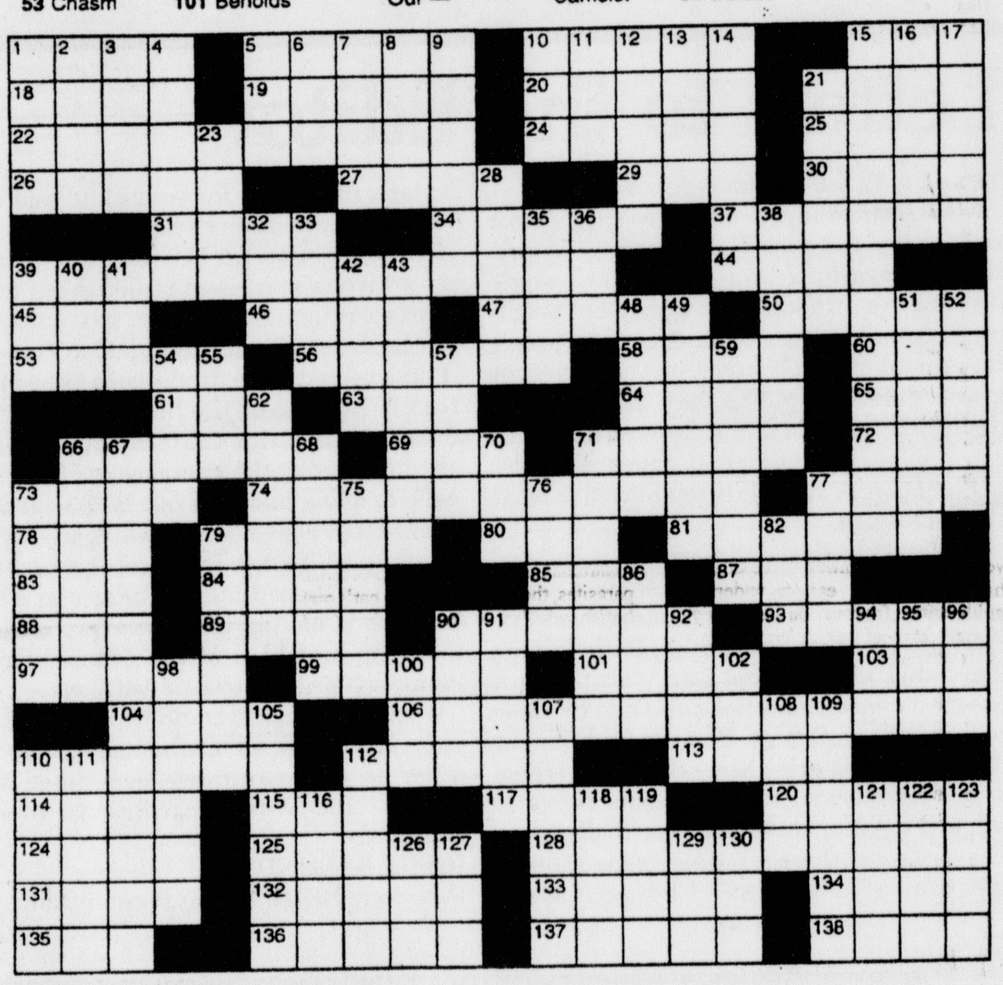


Super Crossword

BOVINES

ACROSS
1 Enjoys an enchilada
5 Cargo crane
10 Circus employee
15 Hilarious Howard
18 What you used to be
19 Mennonite group
20 Cheer
21 Planted
22 Bovine jazzman?
24 Famed fabulist
25 Geometric figure
26 Chrissie of The Pretenders
27 Warts and all
29 Actress Munson
30 "May I interrupt?"
31 Certain Semite
34 Rocker Cassidy
37 Pay
39 Bovine auto racer?
44 Fit
45 Crony
46 Director Ferrara
47 Rock's — Trick
50 Yellowish brown
53 Chasm
56 Adams or Astor
58 Couch
60 Maris of "Nurses"
61 LAX letters
63 Kimono closer
64 Jab
65 Noisy racket
66 Mystical
69 German city
71 Electronic device
72 Say please
73 "Beat it!"
74 Bovine outlaw?
77 Satiate
78 — Aviv
79 Free-for-all
80 Word with sister or story
81 Costume sparkler
83 Actor Kjellin
84 Learn fast?
85 Spare tire
87 Johnny Yuma, for one
88 Mythical bird
89 Periodic table abbr.
90 Gave someone a smack
93 Writer Runyon
97 Rise
99 Go in
101 Beholds
103 Southern constellation
104 Sue of "Lolita"
106 Bovine actress?
110 "Cat —" ('65 film)
112 Exodus edible
113 Prudish one
114 Melville work
115 "— Day Now" ('62 hit)
117 To be, to Baudelaire
120 Entangle
124 Puzzle direction
125 Chutzpah
128 Bovine publisher?
131 Ages
132 Church law
133 Brinks
134 Bananarama, e.g.
135 Actress Susan
136 Endangered animal
137 Adjust a watch
138 Time to evolve?

DOWN
1 Decorate glass
2 Nautical cry
3 Wilder's "Our —"
4 Dairy treat
5 Smidgen
6 Internists' org.
7 Jet-setter's need
8 Egyptian deity
9 Religious belief
10 Bristol brew
11 Bristol brew
12 Jocular Jackie
13 School founded in 1440
14 Meal
15 Bovine boxer?
16 Proprietor
17 "— Mine" ('85 film)
21 Justice Antonin
23 St.-to-be
28 Astound
32 Chicken — king
33 Iceberg's kin
35 '68 US Open winner
36 Exploit
38 Small mall
39 Hydrotherapy site
40 Actor Hunter
41 TV Tarzan
42 Franco of "Camelot"
43 Drop
48 Salad type
49 Spongelike
51 Bright inventor?
52 Like Lincoln
54 Splinter group
55 Alphabet sequence
57 Ingratiating
59 Silo stuff
62 Victoria's husband
66 It's spotted at zoos
67 Bovine bandleader?
68 Louisiana university
70 Geographical abbr.
71 "Clair de Lune" composer
73 Celebrities
75 Car bomb?
76 Grabs all the goodies
77 Neighbor of Hispaniola
79 Bob of basketball
82 Proof letters
86 Rock hound?
90 Eager
91 Castle or Cara
92 "How — Is Your Love" ('77 hit)
94 Deface
95 Supper scrap
96 Slangy denial
98 Stockings
100 TV listing abbr.
102 Big —, CA
105 Shade of meaning
107 Ecclesiastical title
108 Sage
109 Put the match to
110 Portended
111 "That's —" ('53 tune)
112 Loy or Blyth
116 "A Face in the Crowd" actress
118 Discourteous
119 They're often beaten
121 Curly coif
122 Equine accessory
123 Aphrodite's son
126 "— Ryan's Express" ('65 film)
127 Remnant
129 TV's "— Haw"
130 Presidential monogram



Answers to puzzles are on Page 4

GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

	x		+		25
+		÷		−	
	x		÷		2
x		x		x	
	x		−		18
25		10		21	

2 3 4 5 5 6 7 8 9

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Weekly SUDOKU

by Linda Thistle

5					1		7	
		2	8			9		3
	3			4		8		
1		7	5				2	
8					6			1
	5			1		3		
9			6			4		
		4		3	8		6	
	8			5				2

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★

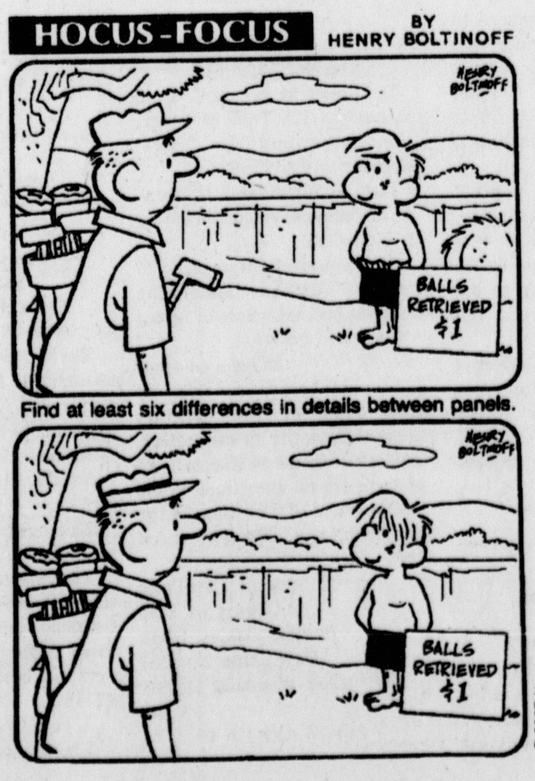
★ Moderate ★★ Challenging
★★★ HOO BOY!

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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.

MAGIC MAZE

MOVE 1st LETTER TO THE END AND READ BACKWARDS

K U R P M J A G D A O X V S Q
N K I F D N A X A E T V T Q O
M J G H A F C C A Y T W U R P
N L R N J H I R F D O I B Z X
V T A R I F E Q R O L M T R J
O B M K I T C R I E V I V E R
H T M C T F I D E B S Z S K P
Y W A E V T D N R W Q S O K N
L P R T K I I H G E E P E E T
F F D C O A C Z X I W R V R U
S R Q O N P A M E L L E B T D

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

Acidic, Banana, Belle, Brewer, Dresser, Fretter, Grammar, Igniting, Jesse, Lotto, Pacifica, Petite, Revive, Teepee, Trekker

DINING, TRAVEL & ENTERTAINMENT

CRITIC'S CORNER
By D.N.A Smith

"Transformers"

Running time: 2 hours 24 minutes
MPAA rating: PG-13

In the '80s, "Transformers" was a poorly animated cartoon on TV that was, for all intents and purposes, a 30-minute toy commercial.

Twenty years later, "Transformers" is a multimillion-dollar feature film loaded with CGI effects that is, for all intents and purposes, a two-and-a-half hour commercial for General Motors. There isn't a Toyota in sight, which is ironic when you consider "Transformers" originated in Japan.

The premise of "Transformers" is that a group of good-natured alien robots disguise themselves as late-model GM vehicles. There are bad robots who disguise themselves as tanks or jet fighters and other non-brand-named vehicles. Every 15 minutes, they transform from whatever vehicle they are into a giant robot. Then they fight.

After two-and-a-half hours, the good robots win.

The action is fast and furious, and for most of the movie I couldn't keep track of which robots were the good ones or the bad ones. And since each frenzied robot fight looked just about like the previous robot fight, the movie got real boring real quick.

Speaking of boring, Shia LaBeouf is the alleged star of this ludicrous motion picture. He plays a teenager who possesses an artifact crucial to the survival of the planet. Along for the ride is Megan Fox playing the Hot Chick Who Would Be Waaaaay Out of His League in Real Life. We are supposed to care about them because they are Young Pretty People.



Optimus Prime

Maybe if I'd grown up watching the "Transformers" cartoon I'd have some emotional, nostalgic investment in the film. Since I didn't, I don't. However there are millions of fanboys out there who did, and I'm sure "Transformers" will make a bajillion dollars at the box office.

Bottom line, if you have fond memories of Optimus Prime and Megatron, then this flick is for you. For the average moviegoer, "Transformers" is another loud, stupid summer movie geared toward 12-to-29-year-old boys.

GRADE: C-

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Books

Your Cat: Simple New Secrets to a Longer, Stronger Life
by Elizabeth M. Hodgkins, DVM
(Thomas Dunne Books, $29.95)
Reviewed by Larry Cox

The recent pet-food recall made almost everyone realize just how important dogs and cats are to us.

Dr. Elizabeth Hodgkins, a successful veterinarian for almost three decades, has written an easy-to-understand guide that focuses on the unique dietary needs of cats and explains how an inadequate diet can lead to many deadly feline diseases. She explains how cat owners can help their pets lead long and healthy lives, not just by improving their diets but also learning the essentials of kitten-rearing, monitoring a cat's middle years and mastering the special care that is necessary for the geriatric animal.

Unlike dogs, meat and its nutrients are essential for cats' survival. Their natural diet should be high in protein and low in carbohydrates, but most of today's dry cat foods contain high levels of processed carbs with only modest amounts of often low-quality protein. This is why, Hodgkins explains, an upside-down diet for such a specialized animal as the cat can be damaging, and its consequences simply can't be overstated.

Addressing the recent pet-food scare, Hodgkins says owners are unaware of the untested nature of claims on most pet-food labels. Labels can be misleading, making it difficult to choose products wisely. To avoid this problem, she offers a crash course in label reading.

There are also sections on the latest treatment options, litter-box problems, parasites, the importance of a cat's oral health, whether to declaw, when (and when not) to vaccinate, the nutritional adequacy of raw meat diets, the importance of spaying or neutering kittens, and the 10 myths of cat care.

This is a revolutionary, 21st-century approach to understanding the cat's unique needs and behavior and is essential if you share your home with one of these fascinating creatures.

Books reviewed in this column are available online or at your local bookstore.

Moments in time
THE HISTORY CHANNEL

• On **Aug. 4, 1753,** 21-year-old George Washington is declared a Master Mason in a Masonic ritual performed by his fellow Freemasons during a secret ceremony. Washington had been initiated into the Masons in 1752.

• On **Aug. 5, 1861,** the government hands down the first Income Tax as part of the Revenue Act of 1861. The tax, which was levied on incomes over $800, was designed to help fund the Civil War. However, the measure was short-lived, as the government rescinded it in 1872.

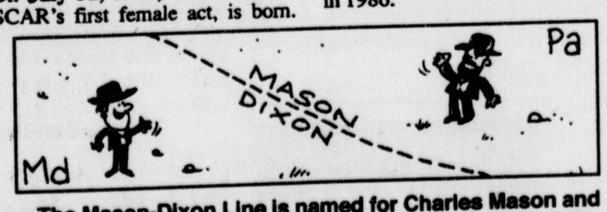
• On **Aug. 1, 1903,** the first cross-country automobile trip, from New York City to San Francisco, is completed. The trail was blazed by a Packard, which finished in a mere 52 days.

• On **July 31, 1916,** Louise Smith, NASCAR's first female act, is born. Known as racing's "Good Ol' Gal," she competed in stock-car racing during its decidedly "good ol' boy" years. A native of Greenville, S.C., Smith raced various Modified, Sportsman and Grand National series events between 1946 and 1956, winning 38 races.

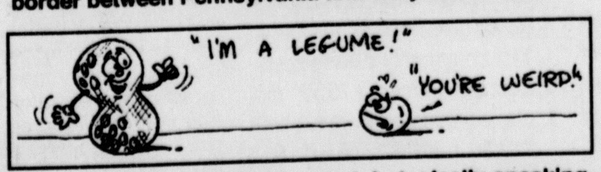
• On **Aug. 3, 1926,** singer Tony Bennett is born Antonio Dominick Benedetto in Queens, N.Y. By 1964, he had 24 top-40 hits under his belt. Bennett continued releasing material throughout the '90s, and in February 2001 he won a lifetime achievement Grammy.

• On **Aug. 2, 1955,** "To Catch a Thief," directed by Alfred Hitchcock and starring Cary Grant and Grace Kelly, debuts. The movie, featuring Grant as a former cat burglar suspected of a rash of jewelry thefts and Kelly as a spoiled heiress, won an Oscar for Best Photography.

• On **July 30, 1976,** singing star and radio personality Kate Smith makes her last public appearance. She sang her trademark number, "God Bless America," on a TV program honoring the U.S. Bicentennial. Smith launched her first radio show in 1931. She died in 1986.



The Mason-Dixon Line is named for Charles Mason and Jeremiah Dixon, English astronomers who surveyed the border between Pennsylvania and Maryland in 1767.



The peanut is not actually a nut, botanically speaking, but the fruit of a vegetable plant related to the green pea.

Good Housekeeping

Nectarines in Red Wine

PREP: 10 minutes plus chilling
MAKES: about 7 cups or 6 servings

- *2 cups fruity red wine (such as Beaujolais, Shiraz or Merlot)*
- *2/3 cup sugar*
- *2 1/2 pounds ripe nectarines (about 6 large), pitted and cut into 1/2-inch-thick wedges*

In large bowl, stir wine and sugar until sugar dissolves. Add nectarines; cover and refrigerate at least 4 hours or up to 1 day to allow flavors to blend. Serve nectarines with wine in goblets or dessert bowls.

• Each serving: About 225 calories, 2g protein, 43g carbohydrate, 1g total fat (0g saturated), 3g fiber, 0mg cholesterol, 5mg sodium.

For thousands of triple-tested recipes, visit our Web site at www.goodhousekeeping.com/recipes.

celebrity extra
by cindy elavsky

Q. I'm hooked on "Dancing With the Stars," especially this past season with Ian Ziering of "Beverly Hills, 90210." A bonus was getting to see all my favorite "90210" alumni in the audience, cheering Ian on. I heard that Jennie Garth was interested in competing next season. Is that true? — ***Audrey S., via e-mail***

A. It's looking like Jennie will be a part of the next season of "Stars." I spoke with Jason Priestley recently about his and his former castmates coming out to support Ian in the audience and asked him if there would be any dancing in his future (in a bit of a tongue-in-cheek way, since all of us "90210" fans know how much Brandon Walsh, Jason's alter ego, hated to dance). He replied: "Oh no, you won't see me out there dancing, but Jennie is doing it this year. I will probably abstain — for everyone's sake."

***

Q. I have been watching "The Nanny" every morning in reruns, and I sure do enjoy it. What is Fran Drescher doing these days? — ***Zita P., Iron Mountain, Mich.***

A. After "The Nanny," Fran guest-starred on quite a few television shows, provided her voice to several cartoons and wrote two books. She returned to episodic comedy with the show "Living With Fran," which was about an older woman who falls in love with a younger man, loosely based on her experience of dating a man 16 years her junior for four years. The series ran from April 2005 through March 2006. Earlier this year, she appeared on the improvisational comedy show, "Thank God You're Here."

A cancer survivor herself, in June she launched the Cancer Schmancer Movement, a nonprofit organization dedicated to ensuring that all women's cancers be diagnosed while in Stage 1, when it's most curable (cancerschmancer.org).

***

Q. Did Andy Griffith ever marry, and does he have any children? — ***P.J.M., Englewood, Fla.***

A. Andy Griffith, 81, is best known for his role as Sheriff Andy Taylor on "The Andy Griffith Show" and Ben Matlock on "Matlock." He was married to first wife Barbara for 23 years, from 1949-1972. In 1973, he married Solica Cassuto, and they remained man and wife until 1981. He has been married to current wife Cindi Knight since 1983. Andy has two adopted children, Andrew Samuel Griffith Jr. (who passed away in 1996) and Dixie Nan. Andy co-stars in this year's critically lauded film, "Waitress," starring new mom Keri Russell.



Jason Priestley

Q. How many contestants have won the top prize on "Who Wants to Be a Millionaire?" — ***Dorothy S., Mims, Fla.***

A. To date, in the U.S. version of the popular game show, 12 people have become millionaires thanks to their own intelligence — and the intelligence of their lifelines. The first millionaire of the entire series (all countries' versions included) was an American, John Carpenter. The most recent winner of an American version of the show is Robert Essig, who won $1 million on an episode of "Super Millionaire" in February 2004.

Have a question for Cindy? Write to her in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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Comfort foods
Made fast and healthy
by Healthy Exchanges

Chicken Spinach Salad

A refreshing main-dish salad for hot summer days!

- *6 cups torn fresh spinach leaves, stems removed and discarded*
- *2 cups torn radicchio or shredded red cabbage*
- *2 cups (10 ounces) diced cooked chicken breast*
- *1/2 cup chopped green onion*
- *1/3 cup Kraft Fat Free French Dressing*
- *2 teaspoons canola oil*
- *2 tablespoons apple cider vinegar*
- *1 tablespoon Splenda Granular*
- *1 teaspoon dried parsley flakes*
- *1/4 cup Oscar Mayer or Hormel Real Bacon Bits*
- *2 hard-boiled eggs, chopped*

In a large bowl, combine spinach, radicchio, chicken and onion. In a small bowl, combine French dressing, canola oil, vinegar, Splenda and parsley flakes. Drizzle dressing mixture evenly over spinach mixture. Toss gently to coat. For each serving, spoon about 2 cups salad mixture on a plate, sprinkle 1 tablespoon bacon bits and half of a chopped egg over top. Serve at once. Serves 4.

HINT: If you don't have leftovers, purchase a chunk of cooked chicken breast from your local deli.

• Each serving equals: 253 calories, 9g fat, 30g protein, 13g carb., 50mg sodium, 113mg calcium, 3g fiber; Diabetic Exchanges: 3 1/2 Meat, 2 Vegetable, 1/2 Fat; Carb Choices: 1.

Visit Healthy Exchanges at www.healthyexchanges.com or call toll-free at 1-800-766-8961 for more information about its "common folk" healthy recipes.

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Good Housekeeping

Melon Trio

PREP: 30 minutes plus chilling
COOK: about 2 minutes
MAKES: 4 servings

- *1 lemon*
- *1/4 cup sugar*
- *1/4 cup water*
- *Pinch ground red pepper (cayenne)*
- *1/2 cantaloupe (1 1/2 pounds), seeded, peeled, and cut into 4 wedges*
- *1 piece seedless watermelon (1 1/2 pounds), scooped into balls*
- *1/4 honeydew melon (12 ounces), cut into 1/2-inch cubes.*

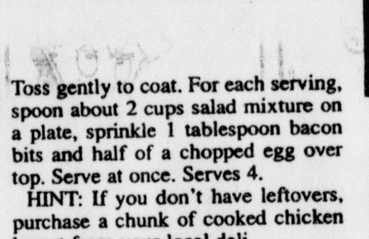
1. From lemon, grate 1/2 teaspoon peel; squeeze 2 tablespoons juice.

2. In 1-quart saucepan, heat sugar and water to boiling over high heat. Boil 1 minute. Remove pan from heat; stir in lemon peel and juice and pepper. Transfer to heatproof glass measure or bowl; cover and refrigerate syrup until cold, 1 hour or up to 2 days.

3. Just before serving, on each of 4 dessert plates, place a cantaloupe wedge. In medium bowl, combine watermelon balls, honeydew cubes and chilled syrup. Spoon melons with their syrup over cantaloupe wedges.

• Each serving: About 105 calories, 1g protein, 27g carb., 1g total fat (0g saturated), 1g fiber, 0mg cholesterol, 10mg sodium.

Fave Foods OF THE FAMOUS
by Steven Austin



Dave Draper

He was THE image of bodybuilding in the late 1960s. Standing on a sunny Southern California beach, flanked by beautiful women admiring his championship physique, Dave Draper was, and still is, a true inspiration for those of us who pump iron and eat properly to stay fit and look great.

His titles include Mr. America, Mr. World and Mr. Universe, and at the age of 65 his workouts still make his fans gasp in awe. Draper has graced numerous of magazine covers, appeared on dozens of TV shows, starred in movies and is a popular public speaker. His bestselling books, "Your Body Revival" and "Brother Iron, Sister Steel," provide top advice about weight loss and weight training, respectively.

His Web site, www.davedraper.com, is filled with lots of information, including exercise routines and nutritional advice. Draper lives in California with his wife, Laree.

It's summertime, and everyone is thinking about the beach and pool, often trying fad diets to lose those last five pounds. Why do they often fail?

"They put their efforts into play too late and without sufficient psychological or physical preparation. Body changes need more than a last-minute dietary nudge. They need time, common sense and commitment. And they require vigorous exercise."

Choose the three most nutritious foods that pack the most power for the punch.

"I suggest a superior milk-based protein-powder supplement for tasty and convenient meals. They are ideal for breakfast and pre- and post-workout nourishment. Tuna and water plus raw vegetables for lean, no-fuss feedings are superb. And low-fat, grass-fed red meat is for those with droplets of drive in their plasma."

Does your current diet resemble the diet you followed during your competitive days? And when you were competing did you have any forbidden snacks as an occasional treat?

"My diet is a carbon copy of my early high-protein training menu. It's all about lean red meat, fish, poultry, eggs and milk products, plenty of raw vegetables plus sufficient servings of fruit, nuts and grains. As for forbidden snacks in the old days, I ate enough cheesecake to put a smile on my face, but not enough to make me round and pudgy."

You spent time in the gym with Arnold Schwarzenegger and traveled all over the world with him. Any funny dining stories?

"Once three of us sat chatting eagerly at a cafe after our workout at Muscle Beach. The waiter took Arnold's order of three ham and cheese omelettes. He brought the order, placing one plate before each of us. The three were for Arnold! Not knowing his voracious patrons, the waiter moved on thinking he was done. We fought over the toast."

So many kids in the U.S. today are obese and out of shape. What's the cure?

"Exercise and right eating, plus education starting with Mom and Dad. Schools should provide phys-ed and instruction in basic nutrition and personal responsibility. Let's save the kids from emotional pain and physical limitation. Save the kids, save the nation, save the world."

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MUSCLE BEACH SKIRT STEAK

- *2 pounds skirt steak, cut into pieces as desired*
- *1/2 cup olive oil*
- *1/4 cup soy sauce*
- *1/4 cup balsamic vinegar*
- *1/4 cup lime juice*
- *2 cloves garlic, minced*
- *1/2 teaspoon ground cumin*

Blend oil, soy sauce, vinegar, lime juice, garlic and cumin in a bowl or zip-type bag. Marinate skirt steak in blend for at least an hour in the refrigerator before grilling over hot coals until cooked to taste. Don't overcook or undercook; skirt steak is best at medium-rare. Serve with side salad, and feel free to top steak with grilled mushrooms, onions, red potatoes or peppers. Serves 4 to 6.

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RA-1

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RA-4

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june-aug31

HOME PORT REALTY LISTINGS

Call us anytime, 372-5933.

2570 Jacquelyn Ln 3 bdrm, 2 bath. Here's a great home with a huge lot & RV parking! Remodeled, beautiful kitchen, new roof & upgraded windiws. You'll fall in love with this house. $375,000.

3055 Half Moon Bay Cir.: 4 bdrm, 3 baths. This home boasts large kitchen, formal dining area, large corner lot & lots of square footage plus tons of upgrades. Beautiful home! $429,000.

501 Lilac Ln: 2 bdrm/1 1/2 baths. This home is HUGE! It features 1,650 sq ft with a big backyard. The addition alone is approx 800 sq ft with a 1/2 bath! $300,000.

2865 Janet Drive: 3 bdrm, 2 bath. Great home with 1552 sq ft, remodeled kitchen with granite counters, and new roof, carpet & updated bathrooms...plus a POOL! $350,000, plus $5000.00 credit towards landscaping.

3232 N. Bass Island. 3 bdrm, 2 ba. Awesome LOW PRICE! New patio, neutral colors, premium lot! Great family home, $335,000.

1609 Norfolk: 3 bdrm, 1 1/2 bath. In an older, established neighborhood that has all the important features. Dual pane windows, new roof, central H&A, new exter. paint, big detached garage. You should take a look at this one! $305,000.

1715 Deerwood, 3 bdrm, 2 bath. Westmore Oaks area! You'll love the beautiful hardwood floors, central H/A, the HUGE family room (great for day care or ?). $365,000.

701 Pecan St: INVESTORS' ALERT! 3 bdrm house PLUS a duplex (2 & 1 each side) on almost 1/2 acre. This is a fixer, sold 'as is', and all for only $345,000!

3055 Alder Way: 3 bdrm, 2 [PENDING] one of the loveliest areas in West Sacramento. This beautiful place to call home. $499,000.

DON'T MISS THE FANTASTIC HOME across from the ballpark on Alabama! 2 bdrm, 2 bath, full of UNBELIEVABLE upgrades. It feels like home. Watch the kids play at the park while you are doing the dishes. $349,000.

We also have 3 homes in the first-time homebuyers' program that are beautifully remodeled and waiting for that moderate-income buyer! Call Brenda, 804-4114!

Call Home Port Realty, 372-5933

Habla espanol -- Raul DeAnda 712-7258

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FOR RENT: 3-station beauty salon. Recent remodel. Will finish interior to suit. Located 320 Webster St., West Sacramento CA 95691. Call Scott, 372-8059.
43tfn.wp

RV FOR RENT

RV for rent: 29 ft, sleeps 8, queen island bed. Unlimited mileage rate available. Call 916-801-7231.
june-aug31

MISC. FOR SALE

For sale: round dining table with 6 chairs. Extends to 5'5". Dark brown wood. In West Sacrametno. $125. 455-8825.
50

HELP WANTED

BE YOUR OWN BOSS
and increase your income in a large, people-oriented organization. Looking for selective, service-minded self-starters. We offer on-the-job training and were voted by Sacramento Magazine readers as "Best Real Estate Company." Call Leslie Belton at Lyon Real Estate today, (916) 376-8060.
42

"Be wary of out of area companies. Check with the local Better Business Bureau before you send any money for fees or services. Read and understand any contracts before you sign. Shop around for rates."

JOBS JOBS JOBS! California Army National Guard. No experience. Will pay to train; High school Jr./Sr. & Grads/Non-Grads/GED. May qualify for $10,000 BONUS. Call 1-800-GO-GUARD. (Cal-SCAN)

JOBS JOBS JOBS! Truck Drivers Wanted. Immediate Openings. No experience required. Up to $20,000 signing bonus. Great benefits Call 1-800-GO-GUARD. (Cal-SCAN)

HOST AN EXCHANGE STUDENT TODAY- select girl or boys, 15- 18 yrs, from France, Germany, Japan, Italy, China, Australia, many other countries. Students become family members, attend high school, share their language and culture. Experience of a lifetime! For information 800-733-2773, email hostinfo@asse.com or www.asse.com/host (Cal-SCAN)

INTERNATIONAL CULTURAL EXCHANGE Representative: Earn supplemental income placing and supervising high school exchange students. Volunteer host families also needed. Promote world peace! 1-866-GO-AFICE or www.afice.org (Cal-SCAN)

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HELP WANTED/ DRIVERS

DRIVER - CDL Training: $0 down, financing by Central Refrigerated. Drive for Central, earn up to $40k+ 1st year! 1-800-587-0029 x4779. www.CentralDrivingJobs.net (Cal-SCAN)

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DRIVER- $5K SIGN-ON Bonus for Experienced Teams: Dry Van & Temp Control available. O/Os & CDL-A Grads welcome. Call Covenant 1-866-684-2519 EOE. (Cal-SCAN)

DRIVER: TAKE CARE of your Family. Join ours. Consistent miles, regional and dedicated runs. Company paid Commercial Drivers License training. www.SwiftTruckingJobs.com 1-866-476-6828. Swift Transportation. EOE. (Cal-SCAN)

DRIVERS- ACT NOW! Sign On Bonus. 36 to 45cpm/$1000+ weekly. $0 Lease/$1.20pm. CDL-A + 3 months OTR. 1-800-635-8669. (Cal-SCAN)

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HUNTING

HUNT Elk, Red Stag, Whitetail, Buffalo. Season 8/25/07 - 3/31/08. Guaranteed Hunt License $5.00. No Game, No Pay Policy! 1-877-858-3481, Evenings: 1-314-209-0610. (Cal-SCAN)

LAND FOR SALE

1ST TIME OFFERED- Arizona Show Low area. 6 acres- $39,900. Cool climate, spectacular views of White Mountains, trees, horse privileges, nearby lakes, priced well below comparables offered by AZLR. ADWR report available. 1-888-551-5687. (Cal-SCAN)

1ST TIME OFFERED. 3-5 ac Ranch Homesites, $39,900 outside Ruidoso, New Mexico. Just opened. Save $5,000 off any purchase before August 1st. Located 30 minutes outside Ruidoso. Affordable living with no compromises. Stunning land, hard surfaced roads, municipal water, adjacent to golf, convenient to all Ruidoso has, but more affordable, bigger & prettier. Call NML&R, Inc. 1-888-417-2624. (Cal-SCAN)

1ST TIME OFFERED - 40 acres - $39,900; 80 acres - $69,900. Near Moses Lake, WA. 300 days of sunshine. Mix of rolling hills and rock outcroppings. Excellent views, private gravel roads, ground water and easy access! Financing available. Call WALR 1-866-585-5687. (Cal-SCAN)

1ST TIME OFFERED. New Mexico Ranch Dispersal. 140 acres - $99,900. River access. Northern New Mexico. Cool 6,500' elevation with stunning views. Great tree cover including Ponderosa, rolling grassland and rock outcroppings. Abundant wildlife, great hunting. EZ Terms. Call NML&R, Inc. 1-866-354-5263. (Cal-SCAN)

A RARE FIND New Mexico. Lake Access Retreat - 10 acres - $25,900. Priced For Quick Sale. Incredible setting, including frequently running Pecos River, views and diverse topography. Limited availability. Excellent financing. Call NML&R, Inc. 1-888-204-9760. (Cal-SCAN)

ABSOLUTE STEAL- ARIZONA Ranch Liquidation. 36 AC - $59,900. Perfect for private retreat. Endless views. Beautiful setting with fresh mountain air. Abundant wildlife. Secluded with good access. Financing available. Offered by AZLR 1-877-301-5263. (Cal-SCAN)

BEAUTIFUL MONTANA RANCH Land Everyone can afford! 160 Acres & up - Under $900/acre with financing available! Pines, hills, coulees, grassy parks, BLM and state land, elk, whitetails, muleys & gamebirds. Call Western Skies Land Co. anytime @ 1-888-361-3006 or check out www.MontanaLandAndCamps.com (Cal-SCAN)

DRASTICALLY REDUCED! 36 acres - $89,900. Arizona - Wickenburg area. Get back to nature at Saddle. Ideal climate, spectacular views, wildlife, privacy. E-Z terms. ADWR report available. Saddle Creek Ranch is offered by AZLR 1-888-246-1914. (Cal-SCAN)

FISH LAKE VALLEY, NV. 10 ac Trout Stream $59,900. Endless Recreational Opportunities. Spectacular views of Eastern slope of snowcapped White Mountains. Within looming presence of Nevada's highest peak and range. Cool, clear year round Rainbow Trout Creek. Call today! Won't last! Call 1-877-349-0822. (Cal-SCAN)

LAND FOR SALE: Affordable Tennessee Mountain Property. 5 Acres and Up from $29,900. Borders a 12,000 acre equestrian center. Call 1-800-708-8157. www.RockCastle-Farms.com (Cal-SCAN)

RIVERFRONT, DOCKABLE HOMESITE on beautiful Cape Fear River. 15 minutes from Wilmington, NC. Stunning river views. Private, fully amenitized community. 910-383-2820 Cape Fear Bluffs, LLC. (Cal-SCAN)

SO. COLORADO RANCH Sale. 35 Acres- $36,900 Spectacular Rocky Mountain Views. Year round access, elec/ tele included. Come for the weekend, stay for a lifetime. Excellent financing available w/ low down payment. Call Red Creek Land Co. today! 1-866-696-5263 x2679. (Cal-SCAN)

WYOMING RANCH LIQUIDATION. 35 acres - $59,900. Recreational paradise perfect getaway. Great climate, wildlife, easy access. Title insurance, surveyed. Financing. Call UTLR 1-888-703-5263. (Cal-SCAN)

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GET CRANE TRAINED! Crane/Heavy Equipment Training. National Certification Prep. Placement Assistance. Financial Assistance. Nevada School of Construction. www.Heavy6.com Use code "NCCNH" 1-888-879-7040. (Cal-SCAN)

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TIMESHARE!!! PAYING TOO MUCH 4 maintenance fees and taxes? Sell/rent your timeshare for cash. No Commissions/Broker Fees. 1-877-868-1931. www.VPResales.com (Cal-SCAN)

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WATER FRONT SHARED OWNERSHIP. San Diego North County Surfer's Point, Private residence Club with Hotel. 1-877-556-7873; www.SurfersPointResort.com (Cal-SCAN)

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SAWMILLS FROM ONLY $2,990 -Convert your Logs to Valuable Lumber with your own Norwood portable band sawmill. Log skidders also available. www.NorwoodIndustries.com - Free Information: 1-800-578-1363 x500-A. (Cal-SCAN)

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AUTOS WANTED

DONATE VEHICLE, running or not accepted! Free Towing. Tax Deductible. Noahs Arc - Support No Kill Shelters, Animal Rights, Research to Advance Veterinary Treatments/Cures. 1-866-912-GIVE. (Cal-SCAN)

DONATE YOUR CAR: Children's Cancer Fund! Help Save A Child's Life Through Research & Support! It's Fast, Easy & Tax Deductible. Please Call Today 1-800-252-0615. (Cal-SCAN)

BUSINESS OPPORTUNITY

A CASH COW!! 30 Vending Machines/You Approve Each Location. Entire Business - $10,970. 1-800-VENDING (1-800-836-3464). www.1800Vending.com (Cal-SCAN)

ALL CASH CANDY Route. Be Your Own Boss. 30 machines and candy for $9,995. MultiVend LLC, 880 Grand Blvd., Deer Park, NY. 1-888-625-2405. (Cal-SCAN)

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START YOUR OWN Landscape Curbing Business- High Demand. Low Overheads. High Profit. Training Available. Priced from $12,000. 1-800-667-5372. www.EdgeMaster.net (Cal-SCAN)

***

As you walk down the fairway of life you must smell the roses, for you only get to play one round.

—Ben Hogan

***

Did You Know?

(NAPS)—HelpinDisaster.org is part of an online, community-based volunteer network built for volunteer centers by the Points of Light Foundation. Volunteers can call 1-800-VOLUNTEER or go to www.HelpinDisaster.org to identify volunteer opportunities in their community.

***

Researchers recently found that eating seafood, including canned tuna, more than three times a week during pregnancy led to children with better verbal communication, motor coordination and social skills and that limiting seafood consumption may reduce intake of essential nutrients. For more information, visit www.tunafoundation.org.

Fictitious Business Name Statement
Filed June 22 2007
File No. 2007-661

The following person is doing business as Southport Towne Center, Jefferson Blvd. and Lake Washington Blvd., West Sacramento CA 95691:

Watt-Turner, LLC, 2716 Ocean Park Blvd. #2025, Santa Monica CA 90405.

This business is conducted by a Limited Liability Company.

The registrant commenced to transact business under the fictitious business name or names listed above on 3/21/02.

/s/Melanie Trejo, VP
WCE/Genton Associates Limited Partnership, Manager

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: June 22 2007
by: /s/Ava Woodard, Deputy Clerk

July 4 11 18 25
Cns1156678

Fictitious Business Name Statement
Filed June 19 2007
File No. 2007-634

The following person is doing business as Best Western County, 3930 County Road 89, Dunnigan CA 95937:

Ankoor Financial LLC (California), 3930 County Road 89, Dunnigan CA 95937.

This business is conducted by a Limited Liability Company (California).

The registrant commenced to transact business under the fictitious business name or names listed above on 5/1/02. Previous fictitious business name statement number 2002-464.

/s/Rajiv Patel, Manager
Ankoor Financial LLC

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: June 19 2007
by: /s/Kimberly Barklow, Deputy Clerk
July 4 11 18 25

Fictitious Business Name Statement
Filed June 19 2007
File No. 2007-633

The following person is doing business as Best Value Inn, 3930 County Road 89, Dunnigan CA 95937:

Kiran LLC (California), 3930 County Road 89, Dunnigan CA 95937.

This business is conducted by a Limited Liability Company (California).

The registrant commenced to transact business under the fictitious business name or names listed above on 05/01/02. Previous fictitious business name number 2002-463.

/s/Kishor Patel, Manager
Kiran LLC

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: June 19 2007
by: /s/Kimberly Barklow, Deputy Clerk

Fictitious Business Name Statement
Filed June 4 2007
File No. 2007-582

The following person is doing business as East-West Services, 2902 Diane Drive, West Sacramento CA 95691:

Xue G. Cai, same address.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on 5/16/07. Previous fictitious business name number 2002-531.

/s/Xue G. Cai

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: June 4 2007
by: /s/Ava Woodard, Deputy Clerk

Phillips Roofing Co.



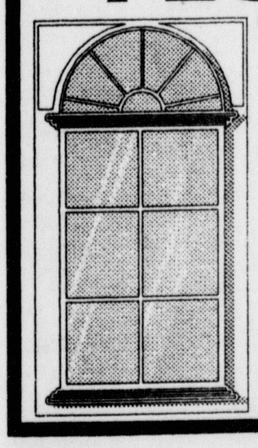
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1108 Sacramento Ave., West Sac.
371-6975

YOLOBUS to Sac. Airport
371-2877

***
God heals, and the doctor takes the fee.
—Benjamin Franklin
***

Fictitious Business Name Statement
Filed June 21 2007
File No. 2007-653

The following person is doing business as The SuperClinic, 40 Park City Court #11207, Sacramento CA 95831:

Dominic N. Nguyen, same address.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on NA.

/s/Dominic Nguyen, MD

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: June 21 2007
by: /s/Carol Grein, Deputy Clerk

July 18 25 Aug 1 8

NOTICE OF TRUSTEE'S SALE T.S No. 1103256-04 APN: 046-603-15-1 TRA: LOAN NO: Xxxxxx0389 REF: **Mayers, Lashonna IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED October 27, 2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.** On August 07, 2007, at 09:00am, Cal-Western Reconveyance Corporation, as duly appointed trustee under and pursuant to Deed of Trust recorded November 14, 2005, as Inst. No. 2005-0056699-00 in book XX, page XX of Official Records in the office of the County Recorder of Yolo County, State of California, executed by Lashonna Mayers, A Married Woman As Her Sole and Separate Property, will sell at public auction to highest bidder for cash, cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state: At the rear (north) entrance to the city hall building 1110 West Capitol Avenue West Sacramento, California, all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: Completely described in said deed of trust The street address and other common designation, if any, of the real property described above is purported to be: 1761 Redondo Road West Sacramento CA 95691. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be held, but without covenant or warranty, express or implied, regarding title, possession, condition or encumbrances, including fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to pay the remaining principal sums of the note(s) secured by said Deed of Trust The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses, and advances at the time of the initial publication of the Notice of Sale is: $475,344.24. **If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse.** The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. For sales information: Mon-Fri 9:00am to 4:00pm (619) 590-1221. Cal-Western Reconveyance Corporation, 525 East Main Street, P.O. Box 22004, El Cajon, CA 92022-9004 Dated: July 13, 2007 Trustee Sale Officer: Thelma B Cabacungan. (R-146096 07/18/07, 07/25/07, 08/01/07)

Trustee Sale No. FC16008-21 Loan No. 1001803285 Title Order No. E705590 APN 045-613-32-1 TRA No. NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 4/22/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 8/8/2007 at 12:45PM, ForeclosureLink, Inc. as the duly appointed Trustee under and pursuant to Deed of Trust Recorded on 05/06/2005 as Document No. 2005-0021425-00 of official records in the Office of the Recorder of Yolo County, California, executed by: Richard Riplie and Kathy Riplie as Trustor, First American Home Loans, Inc, as Beneficiary, Will Sell At Public Auction To The Highest Bidder For Cash (payable at time of sale in lawful money of the United States, by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state). At: At the north entrance to the West Sacramento City Hall located at 1110 West Capitol Avenue, West Sacramento, CA, all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County, California describing the land therein: As more fully described in said Deed of Trust The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 3143 Midway Island Street, West Sacramento, CA 95691. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to wit: $326,719.47 (Estimated) Accrued interest and additional advances, if any, will increase this figure prior to sale. The Beneficiary may elect to bid less than the full credit bid. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The Undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located and more than three months have elapsed since such recordation. Date: 7/12/2007 Foreclosurelink, Inc. 5006 Sunrise Blvd, Suite 200 Fair Oaks, CA 95628 (916) 962-3453 Sale Information Line: (714) 573-1965 Sara Berens, Asst. Vice President P305297 7/18, 7/25, 08/01/2007

NOTICE OF PETITION TO ADMINISTER ESTATE OF REBECCA ANN TROJAN
CASE NUMBER PB07-123

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of REBECCA ANN TROJAN:

A PETITION FOR PROBATE has been filed by TRAVIS TROJAN and MALLORY TROJAN in the Superior Court of California, County of Yolo.

THE PETITION FOR PROBATE requests that TRAVIS TROJAN and MALLORY TROJAN be appointed as personal representative to administer the estate of the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held in this court as follows: Aug. 7, 2007, at 9:00 a.m. in Dept. 2, Superior Court of California, County of Yolo, 725 Court St., Woodland CA 95695.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in Probate Code section 9100. The time for filing claims will not expire before four months from the hearing date noticed above.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a "Request for Special Notice" (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A "Request for Special Notice" form is available from the court clerk.

Petitioner: Travis Trojan and Mallory Trojan
728 Arthur Dr.
West Sacramento CA 95605
(916) 372-8249

July 11 18 25

Trustee's Sale Number: 44059 TSG #: 3304968 Notice of Trustee's Sale Notice YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 2/18/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 8/14/2007 at 12:45 PM, At the north entrance to the West Sacramento City Hall located at 1110 West Capitol Avenue, West Sacramento, CA, Alliance Title Company, as duly appointed trustee, will sell, at public auction to the highest bidder, in lawful money of the United States, all payable at the time of sale, the following described property situated in Yolo County, California: 3929 Tahoe St West Sacramento CA 95691 - APN(s) 072-062-08-1. The Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said Sale will be made without covenant or warranty, express or implied, regarding title, possession or encumbrances, to pay the remaining unpaid balance of the obligations secured by and pursuant to the power of sale contained in that certain Deed of Trust (together with any modifications thereto), executed by Thang C. Nguyen, an unmarried man, as trustor, and recorded 05/01/2005 as Instrument Number 2005-0009659-00 in the office of the Yolo County Recorder. The total amount of the unpaid balance of the obligations secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of this Notice of Trustee's Sale is estimated to be $503,626.26, provided, however, prepayment premiums, accrued interest and advances, fees and any additional sums due under the terms of the Note will increase this figure prior to sale. Beneficiary's bid at said sale may include all or part of said amount. In addition to cash, the Trustee will accept a cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union or a check drawn by a state or federal savings and loan association, savings association or savings bank specified in Section 5102 of the California Financial Code and authorized to do business in California, or other such funds as may be acceptable to the trustee. In the event tender other than cash is accepted, the Trustee may withhold the issuance of the Trustee's Deed Upon Sale until funds become available to the payee or endorsee as a matter of right. The property offered for sale excludes all funds held on account by the property receiver, if applicable. Date: 7/25/2007 Alliance Title Company, Trustee 601 California Street, Suite 1501 San Francisco, CA 94108 (415) 273-2700 By: Julie B. Wagner, Authorized Signature Sale Information at 714-573-1965 or logon to www.prioritypostng.com Use TS Number 44059 P305737 7/25, 8/1, 08/08/2007

Strange BUT TRUE

By Samantha Weaver

• It was 19th-century French novelist Gustave Flaubert who made the following sage observation: "Our ignorance of history makes us libel our own times. People have always been like this."

• You probably are aware of the fact that slugger Babe Ruth held the record for the most home runs; you might not know, though, that he also held the record for the most strike-outs.

• The nuns who were with her at the time of her death claim that the last words spoken by Mother Teresa were, "I love you, Jesus. I love you, Jesus." However, her doctor says that her last words were, "I can't breathe."

• Johannes Gutenberg got the idea for a printing press from seeing a wine-making press.

• If you like to go out and hit the greens on a nice summer day, you might want to consider this fact the next time you're thinking about breaking out the irons and putters: More people are struck by lightning on golf courses than anywhere else.

• One of the great tragedies of the United States was the assassination of President Abraham Lincoln at Ford's Theatre (incidentally, it was also the first assassination of a chief executive of our nation). Most people don't realize, though, that another, less well-known part of the family was also murdered. It's been reported that Lincoln's dog, Fido, jumped up on a drunk man, who then stabbed the pooch to death for getting muddy paws on his clothes.

• Grammy award-winning Cuban-American singer and songwriter Jon Secada was a runner-up in New Jersey's Golden Gloves.

• You might be surprised to learn that famed 17th-century Dutch painter Rembrandt Harmenszoon van Rijn — better known, for obvious reasons, by his first name alone — was not what you'd consider a model citizen. Art historians point out that he cheated on his taxes, stole from his wife's inheritance, rarely paid his bills and sometimes indulged in petty theft and con scams. Despite his attempts at acquiring money by any means possible, however, he was a pauper when he died.

• Famed author D.H. Lawrence reportedly loved his favorite horse so much that he had it made into a duffel bag after it died.

• Throughout history, numerous languages have died out, taking with them words that could perhaps be useful in modern life. Take, for example, the Old English word "fribbler," referring to someone who is infatuated but commitment-shy — anyone on the dating scene these days is familiar with the phenomenon, but it's doubtful they have a word for it. At least, not a word appropriate for polite society.

• "The Star-Spangled Banner" wasn't officially adopted as the national anthem until 1931.

• Those who study such things say that a mixture of equal parts beer, Listerine mouthwash, Epsom salts, ammonia and liquid soap can be used as a lawn fertilizer. What I'd like to know is how long it took and how many different combinations of substances the researchers had to try before they hit on that particular one.

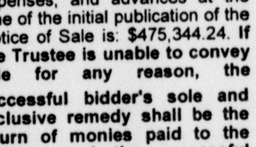
• The next time you're choosing fresh produce at the grocery store, keep this in mind: It's considered good luck if you find a pea pod with just one pea in it, and anyone who finds a pea pod with nine peas in it supposedly gets a wish granted.

***

Thought for the Day: "Man is the only animal that can remain on friendly terms with the victims he intends to eat until he eats them." — *Samuel Butler*

Joining us

Marc L. Concepcion, D.O.
James F. Lee, M.D.
Susan Rosten, F.N.P.
Tari Smith, P.A.
Kim Hernandez, P.A.



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Local Scene

Parish festival

Holy Cross Parish plans its annual festival for Sat., Aug. 4, from noon to 10 p.m., and on Sunday, Aug. 5, from noon to 7 p.m. Entertainment, refreshments for sale, raffles, games and more. Menudo Sunday at 8 a.m. 1321 Anna Street; call 371-1211 for information.

Bryte's roads

A "traffic calming" plan for the Bryte neighborhood is slated for a public workshop from 6-8 p.m. on Thursday, Aug. 2, at Club West, 1125 Riverbank Drive. Drop by during those hours to view the plan and talk to city staff. For information, call 617-4645.

Anti-crime party

The annual "National Night Out" festivities will return August 7, and local police invite you to host block parties, cookouts, socials and other neighborhood activities. The theme is heightening local crime prevention efforts. Arrangements may be made for local police, the fire department, CHP, Marines or other organizations to drop in on your block party. Contact Nora McDowell at the West Sacramento Police Department, 617-4937, for information.

Art display

Artwork by West Sacramento's Roger Rehm will be on display through July at the United Bakery Co. & Café, 2530 Boatman Ave. (off of Industrial Blvd.). Hours are 7 a.m. to 2 pm.

Preschool

Children age 3-4 are being enrolled in preschool as part of the Washington Unified School District's Early Childhood Education Program, offering a.m. and p.m. classes at five elementary school sites. Free to eligible families, but space is limited. Sign up early. Call 375-7640 for information.

Borrow Raley Field

The City of West Sacramento and Raley Field have a program called "Community Days at Raley Field," allowing selected non-profit organizations to use the field for special events between March 1 and Oct. 31, 2008. For information, contact the city manager's office at 617-4500 for an application, or email Community Services Manager Barbara Moore at barbaram@cityofwestsacramento.org. Applications are due by Dec. 31, 2007.

Go green

PG&E is offering a new "ClimateSmart" program, allowing customers to choose to pay an additional fee (estimated at under $5 per month) to be served by power sources that do not contribute carbon emissions to the atmosphere. The utility will then fill these needs by accepting bids from appropriate power providers. Visit www.pge.com or call (800) 743-5000.

Football & cheering

The River City Junior Raiders will hold walk-up registration from 3-5 p.m. on July 28 at River City High School. For information, visit www.RiverCityJrRaiders.com or call Jen Griffith, 214-4831, or Andy Alvarez, 214-4726. The group also plans a community barbecue from 11 a.m. to 4 p.m. on Sat., Aug. 4 at RCHS. Donate a canned food item for a local food closet, and enjoy free BBQ. There will also be kids activities and football gear on sale.

Golf for a cause

West Sacramento's Mecca Club is sponsoring a golf tournament on Sept. 22 at Rio La Paz Golf Club in Nicolaus, to benefit a nonprofit organization that provides service dogs for diabetics. $75 for golf and dinner; $60 for golf only; $20 for dinner only. Sponsorships available. For info, call Jackie Hensley, 371-0538.

Free concerts

The West Sacramento "Harmony on the River" concert series returns on Tuesday evenings from 7-8:30 p.m. through Aug. 21 at River Walk Park near the ziggurat building. Free outdoor movies will follow at about 8:30 p.m. (bring a flashlight). For more information, visit www.westsacramento.org.

All you can eat

The West Sacramento Elks Lodge will host a pork rib barbecue from 6-8:30 p.m. on Aug. 4 at 423 Third Street. $10 in advance or $12 at the door. For tickets, call 372-2980 or 372-3057. Kids under 12: $4 at the door.

New campus

The Sacramento Academic and Vocational Academy (SAVA), a charter school of Grant Unified School District, will open a school site this fall at the Collings West Sacramento Teen Center. Call Lesley, 387-8063.

West Nile virus

Local officials combating the West Nile virus urge you to follow the "seven D's": Drain any standing water, avoid being outdoors Dawn & Dusk, Dress appropriately with long pants and long sleeves when outside, Defend your self with an effective repellent, keep your Door and window screens in good shape, and contact District personnel to report mosquito problems at (800) 429-1022 or at www.FightTheBite.net.

Learn to row

Youths age 13-19 are invited to participate in a "learn to row" program hosted by River City Rowing Club at the port in West Sacramento, with sessions scheduled for July 9-20 and Aug. 6-17. Practices are held weekdays 5:30-7:30 p.m. each session. Learn the fundamentals of handling a "rowing shell." Visit www.rivercityrowing.org or email Jeanne Bartkiewicz, jmbartkiewicz@gmail.com.

'Cash for Trash'

Waste Management and the City of West Sacramento are combining to award cash prizes as an incentive for business recycling. If you have trash and recycling service through them, you may sign up. From July 1 through November, entrants will be picked at random, and (with your permission) recycling personnel will intercept your trash and check it for recyclables. If they find none, your business gets $125. If your business doesn't win, the prize money rolls over to next month's winner -- to a maximum prize value of $625. Call 617-4590 for a 'Cash for Trash' entry form.

School enrollment

Holy Cross School is enrolling students for kindergarten through eighth grade. The school offers before- and after-school programs, sports, a computer lab and other programs. For information, call 371-1313 or email hscinformation@yahoo.com, or visit the campus at 800 Todhunter, West Sacramento.

Sports & more

"Leisure interest classes" at the West Sacramento Senior Center now include a wide variety of activities including gymnastics, adult tai chi, youth tennis, Polynesian dance, adult yoga, a hunter's safety course, group fitness and more. Call 373-5819 for information.

Summit on Aging

Yolo County will sponsor a "Summit on Aging" on Thursday, Sept. 20, from 8:30 a.m. to 3:30 p.m. at the Woodland Community & Senior Center. Join the summit and "address the challenges and systems impacts of an aging society." Pre-registration begins Aug. 1. Email aging@yolocounty.org or call (530) 666-8237.

Free bus rides

The Yolobus and Unitrans bus systems serving Yolo County will continue offering free bus rides on days designated as "Spare the Air" days by air quality control officials, in a program continuing through Aug. 31. The program is meant to reduce ozone levels on summer days when pollution is at its worst. For Yolobus schedules, call (530) 666-2877 or visit www.yolobus.com. For Unitrans information, call (530) 752-2877 or visit www.Unitrans.com.

Conserve

PG&E asks you to conserve energy as hot weather puts air conditioners into use and adds stress to the energy grid. Peak demand periods are typically 2-6 p.m. on hot summer days. You can help by setting your air conditioning thermostat at 78 degrees or higher, using fans for cooling, drawing the drapes, turning off unnecessary lights and appliances, and using large appliances such as washers, dryers and dishwashers early in the day or later at night. For more tips, visit www.pge.com/foryourhome or www.pge.com/foryourbusiness.

Non-profits

The City of West Sacramento is soliciting applications for its "community mini-grant program" for fiscal year 2007-2008. Non-profit organizations serving West Sacramento are invited to apply by September 28. For information, call Paul Reyes at 617-4620 or email paulr@cityofwestsacramento.org.

Pit-flipping

The International Gymnastics Centre in West Sacramento will celebrate National Gymnastics Day from noon to 3:30 p.m. on Sat., Aug. 4, with exhibitions and the unveiling of the largest gymnastics pit in the Sacramento area. All are invited to flip into the pit after the show. Visit 1260 Triangle Court (off of Jefferson Blvd.). For information, call 372-4496.

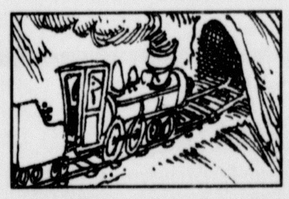
Free legal help

Free, drop-in legal advice is available to low-income people every second and fourth Monday from 6-8 p.m. at the West Sacramento Senior Center, 664 Cummins Way. Advice on housing law, employment law, health benefits, social security, cash aid benefits, probate and family law are provided by Legal Services of Northern California. Call 447-5798 for information.

LT. FARMER RETIRES



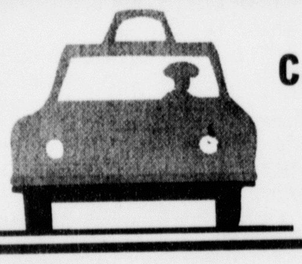
RETIRED LT. FARMER HONORED BY CITY COUNCIL — Lieutenant Dave Farmer has announced his retirement from the West Sacramento Police Dept. At the time of his retirement, Mr. Farmer was the Lieutenant of the Office of Criminal Investigations and Office of Operations. Lt. Farmer was also part of the transition team of 11 police officers responsible for establishing the foundation for the WSPD in March 1987. During his service to West Sacramento, Lt. Farmer was a patrol watch supervisor and created the youth diversion program. A local resident, Mr. Farmer was active in various committees and boards, including service as president of the West Sacramento Little League and president of the Yolo County School Board Association. The West Sacramento City Council presented a proclamation to Mr. Farmer, honoring his many years of service to the community. Pictured, left to right, Mayor Pro Tem Oscar Villegas, Councilmember Bill Kristoff, Mr. Farmer, Mayor Christopher Cabaldon, Councilmember Wes Beers, and Councilmember Mark Johannessen.



The first railroad tunnel was built in 1831. It was just over 900 feet long and connected Hollidaysburg, Pa. with Johnstown, Pa.

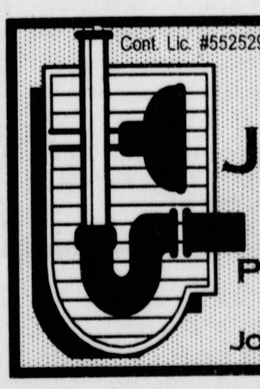


On June 6, 1994—the 50th anniversary of D-Day—the Pentagon received a record, 1,502,415 phone calls.

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Stubb's Barbecue Sauce

Selected Varieties. 18 oz. Bottle

2.49

Save $2.50

PrairieFresh 100% Natural

Fresh Pork Shoulder Butt Roast

or Pork Shoulder Steaks

Just slow cook this classic Pork Roast, or grill, fry or bake our lean and tender Pork Steaks for all your family's favorite meals!

Stop Sign Savings...$1/lb.

1.49/lb.



Better Than BOGO

Oregon Fresh Blueberries

In a pint size basket.

Stop Sign Savings...$2.01 ea.

1.98 ea.



Better Than BOGO

California Grown

Nectarines

Delicious and ripe.

98¢/lb.

Save $1.01/lb.

Hot Grocery Buys



Spring! Natural Spring Water

24 Pack/500 ml. Bottles

Save $4.98 on 2

2/$7 +crv



Crystal Light On The Go

Selected Varieties. 10 Count Package

Stop Sign Savings...$2

2.49



General Mills Cereal

Cheerios 10 oz., Cinnamon Toast Crunch 14 oz., Lucky Charms 14 oz., or Reese's Puffs 14.25 oz.

Save up to $3.60

1.99



Mott's Apple Sauce

Selected Varieties. 23-24 oz. Jar

Stop Sign Savings...1.10

1.29



Kraft Mayonnaise

33 oz. Container

Stop Sign Savings...$1

2.89



American Beauty Pasta

Selected Varieties. 16 oz. Package

Save $2.77 on 3

3/$2

Better Than BOGO



Santa Cruz Lemonade

Selected Varieties. 32 oz. Bottle

Stop Sign Savings...$1.70

99¢ +crv



Nabisco Ritz Crackers

Selected Varieties. 14.5-16 oz. Package

Save up to $2.38 on 2

2/$5

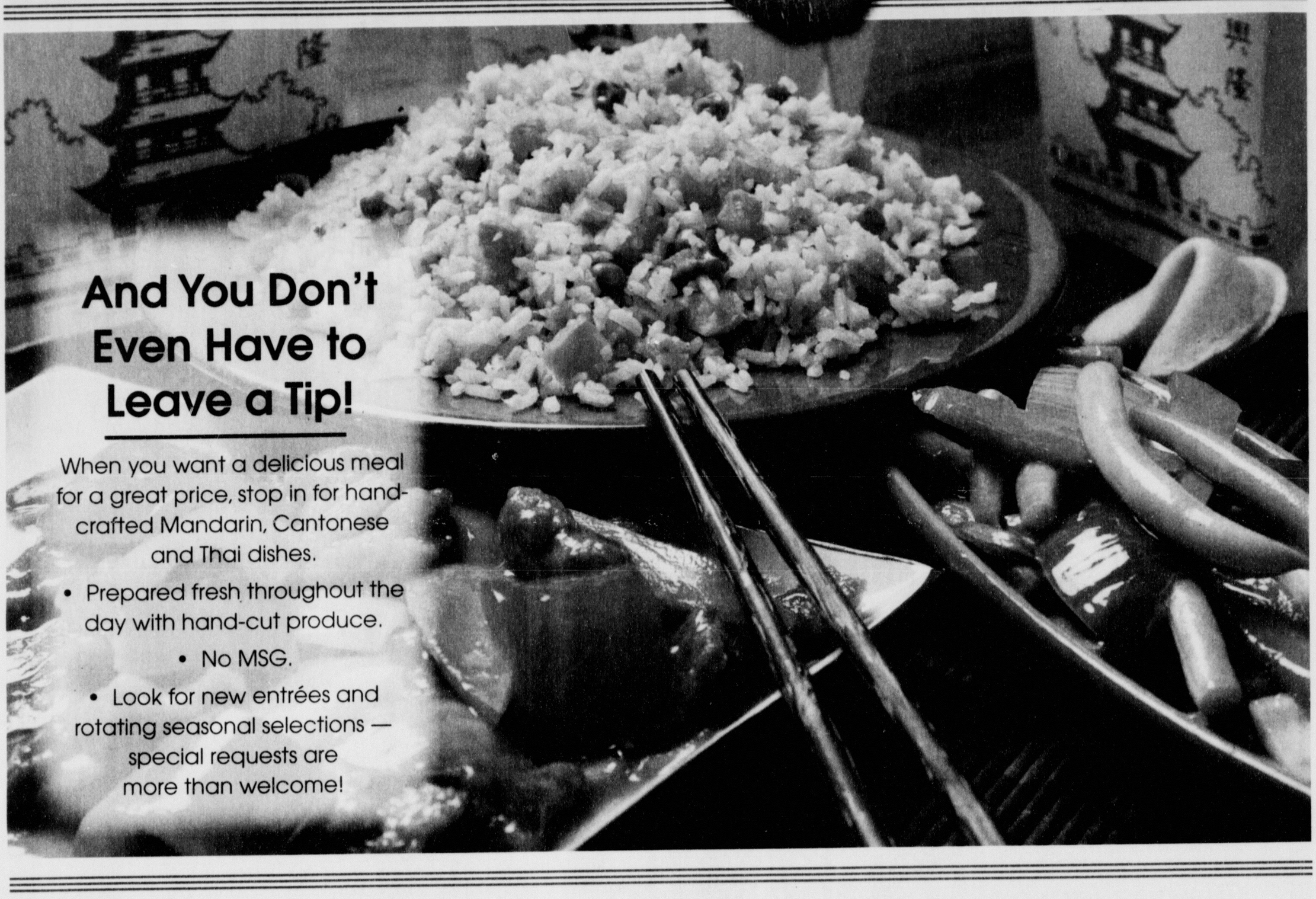
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Selected Varieties. 9-10.5 oz. Pkg.
Stop Sign Savings...$2.50
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Save 98¢ on 2
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Selected Varieties.
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Selected Varieties. 9.5-16 oz. Package
Save $2.58 on 2
2/$5



Marie Callender's Corn Bread Mix
16 oz. Package
Save $2.98 on 2
2/$3

Better Than BOGO



Galaxy Granola
Selected Varieties. 16 oz. Pkg.
Stop Sign Savings...$3.50
2.99



Good Seasons Salad Dressing
Selected Varieties. 14 oz. Bottle
Stop Sign Savings...$1.50
2.49



StarKist Chunk Light Tuna
Packed in Oil or Water. 6 oz. Can
Save 98¢ on 2
2/$1

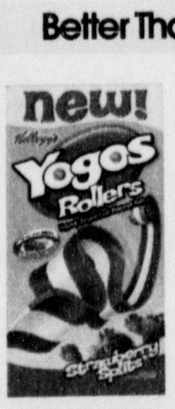


Otter•Pops Fast Freeze Ice Bars
18 Count Package
Stop Sign Savings...70¢
99¢



Doritos Tortilla Chips
Selected Varieties. 12.5-13.75 oz. Bag
Save $1.98 on 2
2/$5

Better Than BOGO



Kellogg's Yogos Rollers
Selected Varieties. 4.8 oz. Pkg.
Stop Sign Savings...$2.30
1.49

Del Monte Pickle Relish
Selected Varieties. 12 oz. Jar
Save up to $3.18 on 2
2/$3





Woodtech Logs
12 Count Package
Stop Sign Savings...$1
2.99



Sparkle Paper Towels
6 Roll Package
Stop Sign Savings...$2.50
4.98



Angel Soft Bathroom Tissue
12 Double Roll Package
Stop Sign Savings...$3.50
5.49

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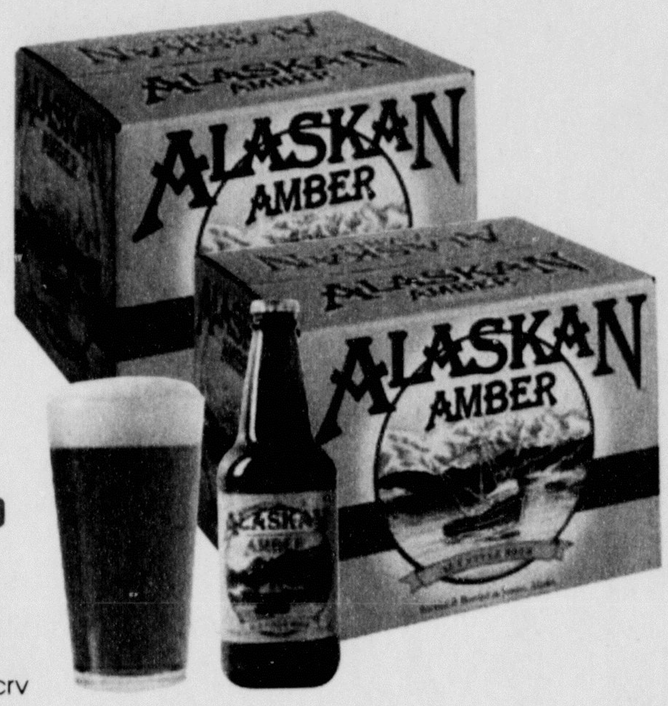
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25% off



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Alaskan Amber Ale

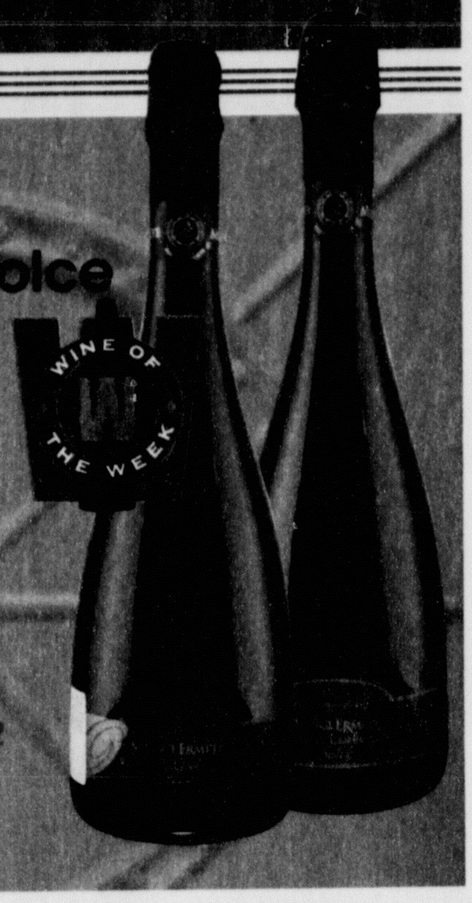


12 Pack/12 oz. Bottles

Stop Sign Savings...$5.90

9.99 +crv

Quercioli Reggiano Lambrusco Secco or Dolce



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Stop Sign Savings...$2

8.99

Pepsi Cola 12 Packs



Selected Varieties.
12 Pack/12 oz. Bottles

Save $2.78 on 2

2/$8 +crv

Icelandic Glacial Water



1 Liter Bottle

Save 78¢ on 2

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Mondavi Private Selection Coastal Wines

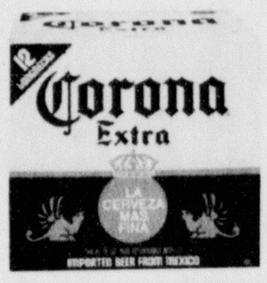


Selected Varieties.
750 ml. Bottles

Stop Sign Savings...$6

6.99

Corona Beer



Extra or Light. 12 Pack/12 oz. Bottles

Stop Sign Savings...$4.89

11.99 +crv

SunSweet PlumSmart Juice

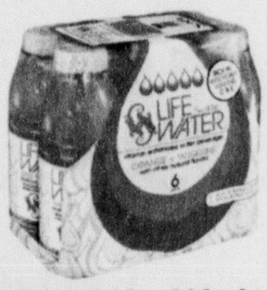
Selected Varieties.
48 oz. Bottle

Save $3.78 on 2

2/$5 +crv



Sobe Life Water



Selected Varieties.
6 Pack/20 oz. Bottles

Stop Sign Savings...$1

4.99 +crv

Honest Tea



Selected Varieties. 16 oz. Bottle

Save $1.76 on 4

4/$5 +crv

Wallaby Yogurt



Selected Varieties. 6 oz. Cup

Stop Sign Savings...50¢

79¢

Häagen•Dazs Ice Cream



Selected Varieties.
One Quart Carton

Save up to $2

3.99

Crystal Ice Cream



Selected Varieties.
Half Gallon Carton

Save $2.38 on 2

2/$6

Ciao Bella Gelato or Sorbetto



Selected Varieties. 1 Pint Carton

Save $1.58 on 2

2/$7

Challenge Butter



Selected Varieties. 16 oz. Quarters

Stop Sign Savings...$2.50

2.99

California Pizza Kitchen Pizza

Selected Varieties.
12.3-14.5 oz. Package

Stop Sign Savings...$1

4.99



Top Valu Sliced Bacon



16 oz. Package

Stop Sign Savings...70¢

1.89

Gold Rush Creamery Sliced Cheese



Selected Varieties. 1.5 Lb. Package

Stop Sign Savings...50¢

5.49

Oscar Mayer Cold Cuts

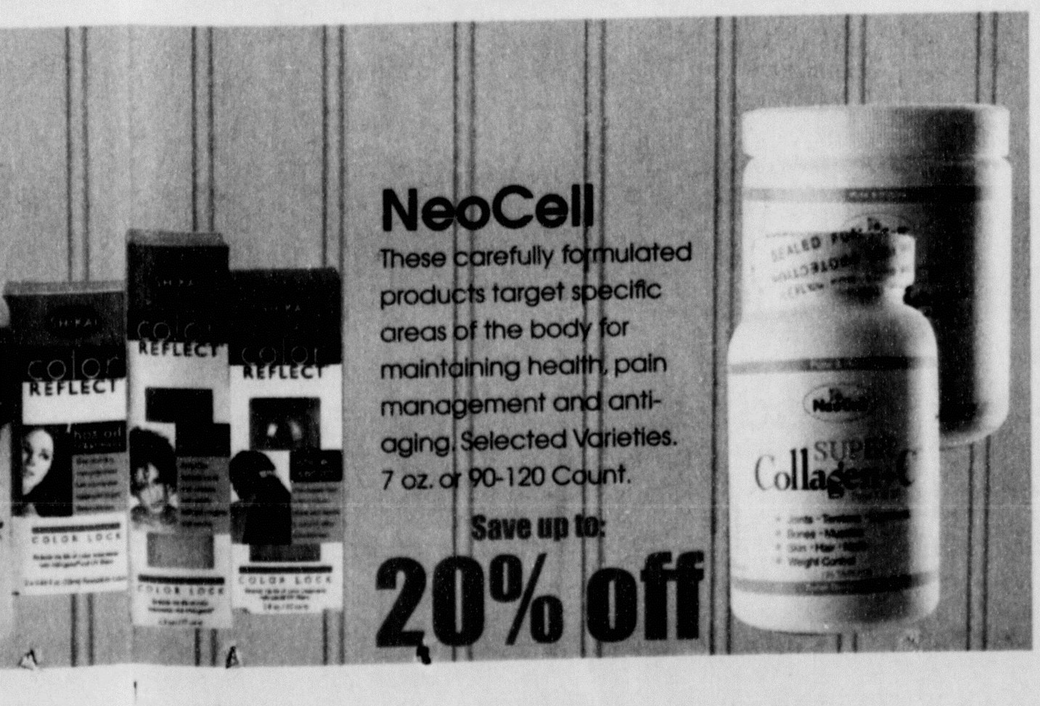


Turkey Salame or Turkey Bologna. 16 oz. Package

Stop Sign Savings...$1

1.99

NeoCell

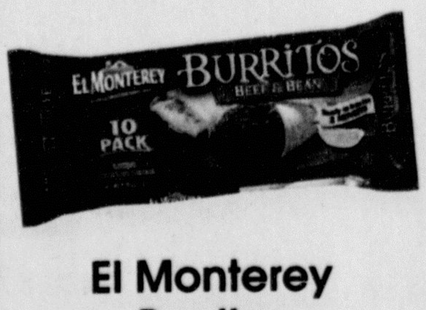


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20% off

El Monterey Burritos



Selected Varieties. 32-40 oz. Pkg.

Stop Sign Savings...30¢

2.99

La Mexicana Salsa



Selected Varieties. 16 oz. Tub

Stop Sign Savings...50¢

2.39

Frigo Cheese Heads

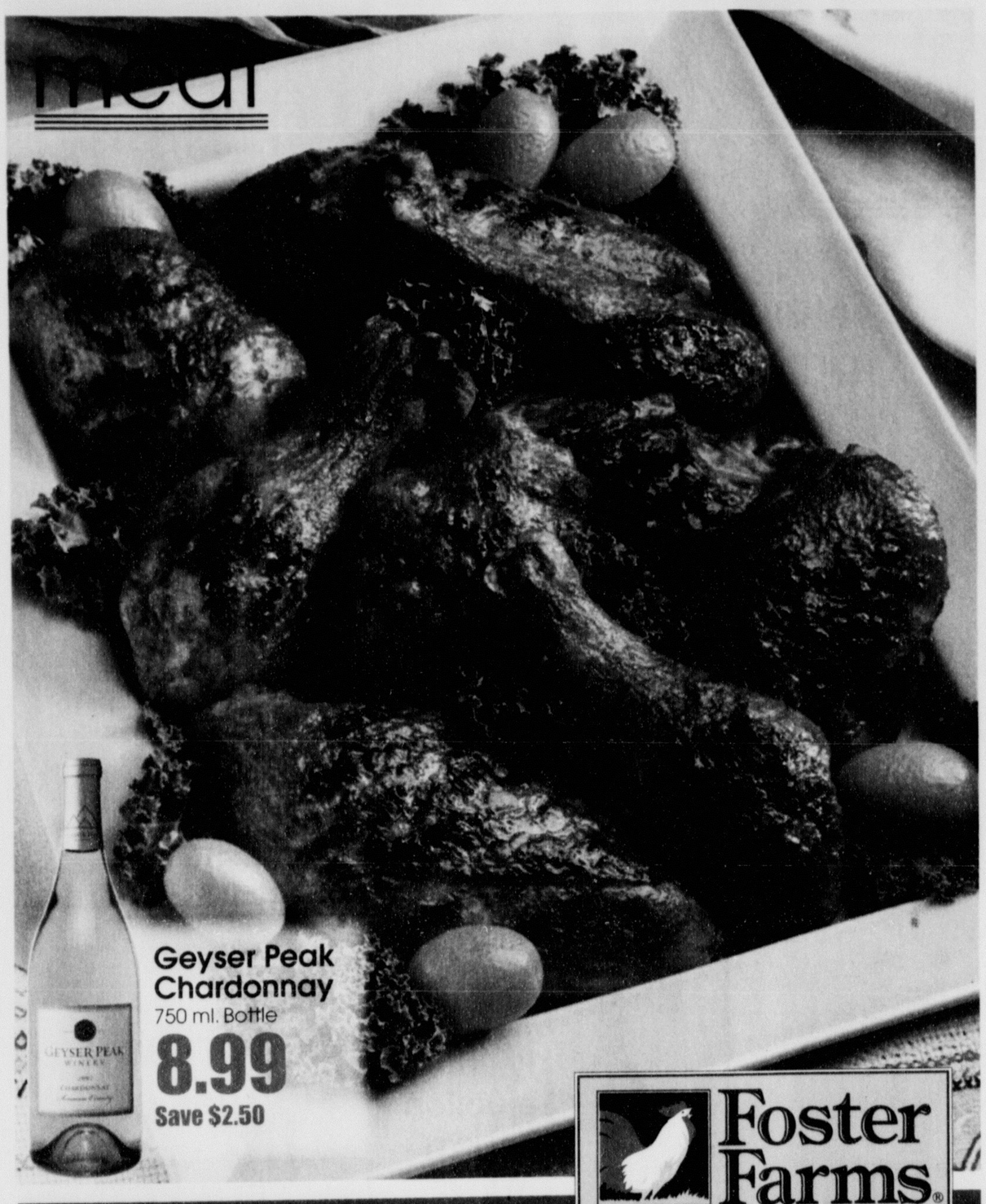


Selected Varieties. 24 oz. Package

Stop Sign Savings...$2

6.49

meat



Geyser Peak Chardonnay
750 ml. Bottle
8.99
Save $2.50

Foster Farms

In The Value Pack!
Foster Farms California Grown
Drums, Thighs or Whole Legs
Save 60¢/lb.
99¢/lb.



41-50 Count
White Prawns
From Thailand. Previously frozen.
Stop Sign Savings...$4/lb.
4.99/lb.

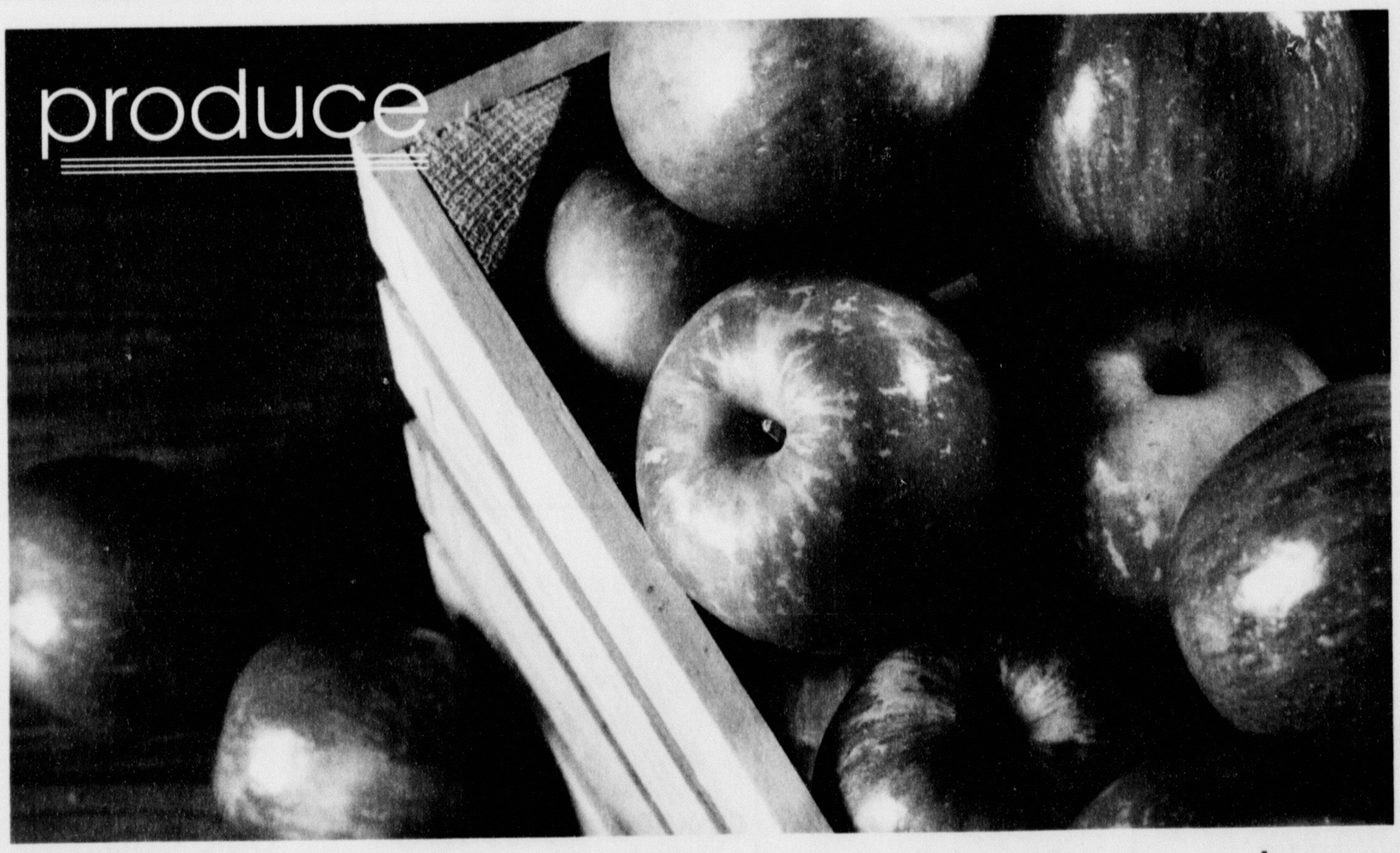


Superior Farms USDA Choice Boneless Lamb
Sirloin Chops
Save $2/lb.
3.99/lb.

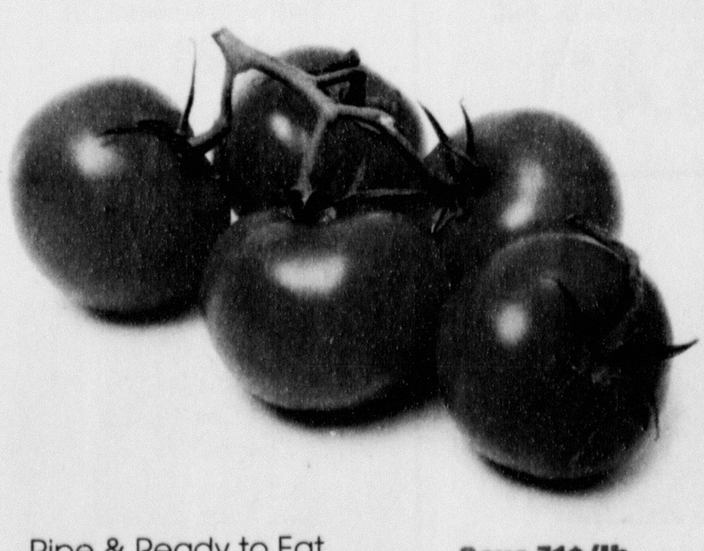
From our Specialty Cheese department ...
HALLOUMI
A traditional hand-made cheese from Cyprus that has been produced for centuries. Most commonly eaten fried, Halloumi is also superb grilled, with salad and Greek dressing, or as a start to the day with ham and eggs. Also great on pizza!
Save $1/lb.
12.99/lb.



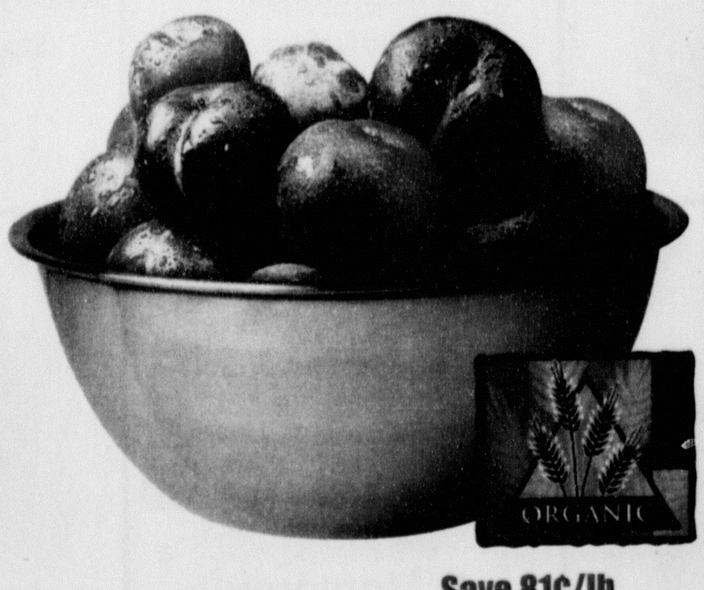
produce



Enza Brand New Crop
Braeburn or Fuji Apples
Braeburn Apples are crisp, moderately tart, spicy, juicy, aromatic, and firm with a tender skin. Fuji Apples are tangy and sweet with a firm crisp texture and a complex flavor. From New Zealand.
Save up to 51¢/lb.
1.48/lb.



Ripe & Ready to Eat
Red Cluster Tomatoes
Arizona/Canada grown.
Save 71¢/lb.
1.78/lb.



California Organic
Red or Black Fresh Plums
Save 81¢/lb.
1.38/lb.



Fresh Express
Salad Mix
Mediterranean, Pacifica, Asian, Salsa! or B.L.T. Caesar.
Save $2.98 on 2
2/$4

All Stop Sign Savings are limited to 4 items per household through the sales effective dates unless otherwise noted. We reserve the right to limit individual purchases to four packages of any item for sale, except items where otherwise noted. Sale items are not available to any commercial dealer or wholesaler. Items are subject to stock on hand. All items not available at all stores. Photos & illustrations are for display purposes only and do not necessarily depict items that are on sale. We reserve the right to correct all printed and/or typographical errors. daly design inc. © 2007. All rights reserved.